



## St Bartholomew's CE Primary School



### News in school 5.1.24

Good afternoon,

Welcome back and a very Happy New Year to all our families and friends. We hope that you had a wonderful festive break and we are delighted to have all our children back safe, well and ready for our new term.

A Prayer to start our New Year:

Today's a new day, a chance for a new start. Yesterday is gone and with it, any regrets, mistakes, or failures I may have experienced. It's a good day to be glad and give thanks, and I do, Lord. Thank you for today, a new opportunity to love, give, and be all that you want me to be.

**Amen**

#### **Attendance**

In an effort to further improve our overall attendance figures, the attendance class winner of the week, will take Gerald to the park for one of their normal break times. In addition to this, every child that has 100% for the week will have their name put into a hat and one will be picked at random each half term to win a £10 All4One voucher. You have to be in it to win it so let's try and get 100% of our children in school every day as much as we possibly can.

#### **ZIGZAG Lines**

Before the Christmas break, I wrote to you to remind you that you should not be parking/pulling up on the yellow zigzag lines outside of school to drop children off. You must park and walk your children in if they are not old enough to walk in themselves. The zigzags are there to protect all children from vehicles and parking there could cause an accident. I have now contacted PC Holland who will be doing spot checks in the morning. If found parking or waiting on the yellow zigzag lines, you may be at risk of being fined.

#### **Flooding**

Thank you for your patience and understanding with our flooding and closure of our park gate. We have taken advice and unfortunately as the water is coming upwards from underground, there is no pumping solution for it at the moment. We will have to continue to use the front entrance for the foreseeable. I hope that you and all of your homes are safe. If you need any assistance at all, please do come and speak to us.

Take care  
Miss Ingle

## School worship

Dear Lord,

As the new year begins, I look to You for our hope, joy, and peace. Give me the courage to do all that You ask of me. Please also make me brave to not do what isn't from You. Show me how to walk in grace and embrace Your love for me even more.

In Jesus' Name, Amen.

## Bible verse of the week

Philippians 2:1-3 "So if there is any encouragement in Christ, any comfort from love, any participation in the Spirit, any affection and sympathy, complete my joy by being of the same mind, having the same love, being in full accord and of one mind. Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves"

## Attendance winner of the week

Willow Class are the attendance winners of the week.

## Dates for Your Diary

Date	Time	Event
7 <sup>th</sup> February 2024		Class Photos
26 <sup>th</sup> April 2024		Year 1 – Learn2Ride course
15 & 16 <sup>th</sup> May 2024		Year 5 – L1 & 2 Bikeability
26-28 <sup>th</sup> June 2024		Year 6 Residential

Please be aware that Lincolnshire County Council have amended the term dates for 2024-25. Tuesday 22<sup>nd</sup> April 2025 is now an Inset Day and Monday 2<sup>nd</sup> June 2025 is now a normal school day. Please see our school website for all term dates.

All calendar dates/events can be found on our school website by clicking on the 'calendar' tab. If you wish to add an event to your own calendar, you can do so by clicking on the link and pressing the 'add to calendar' button.

## Any Other Information/Reminders

### PE Timetable Term 3:

	Outdoor PE	Indoor PE
Apple	Monday	Wednesday
Palm	Tuesday	Thursday
Oak	Thursday	Monday
Willow	Friday	Tuesday

### Home School Agreement

If you haven't done so already, please complete the Home School Agreement 2023-24 form that can be found on ParentMail.

### School Mobile Phone

We now have a school mobile for afterschool care. The number is: 07396725986 It will be turned off during the school day. It will only be available for parents who have children attending afterschool care during afterschool care hours. **PLEASE CONTACT THE SCHOOL OFFICE FIRST IN ALL CIRCUMSTANCES.**

### **After School Kids Club**

Please be aware that if parents/carers/guardians are more than 10 minutes late collecting from after school clubs at 4pm there will be a charge of a full hour, per child, childcare cost.

### **Pencil Cases**

Please remember to ask your child regularly if they require anything replenishing.

### **Severe Weather/Snow Closure**

In the event of severe weather, we will always strive to ensure that the school remains open, but in the event that extreme weather conditions necessitate the closure of the school we will advise you of this in a number of ways. We will notify parents via email via Parentmail, update the school website and advise Lincs FM and BBC Lincolnshire radio stations so listen out to their broadcasts or log onto their websites. We will also post a message on the school's Facebook and 'X' pages.

### **School Opening**

Our school office is open from 8.30am to 3.15pm, Monday to Friday. If you wish to contact the school out of these hours, please call 01775 640357 and leave a message on our answerphone or alternatively email [enquiries@stbartholomews.lincs.sch.uk](mailto:enquiries@stbartholomews.lincs.sch.uk).

**PTFA Easy Fundraising** is a great source of funds for the school which could raise £££s for the PTFA. A range of retailers, holiday companies, Ebay, Tesco and many more donate a percentage of money spent when parents / carers / guardians spend money. It costs the consumer absolutely nothing at all. Parents/carers/guardians need to click on the easy fundraising link:

**<https://www.easyfundraising.org.uk/panel/>**

- Register an email and password
- Nominate your cause
- Download a reminder tool to browser so when purchases are made through a partner a reminder is sent.

Make the purchase and a percentage goes to St Barts!

# Top Tips for... MANAGING SCREEN TIME

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

## GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

## TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

## GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

## LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

## AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

## HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

## BE MINDFUL OF TIME

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

## 'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

## SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

## TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

## SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

## WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

## Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



DEVICE BOX

The National College



National Online Safety

#WakeUpWednesday

@natonlinesafety

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