



St Bartholomew's CE Primary School



News in school 2.2.24

Good afternoon,

At St Bartholomew's we help our children reach for the stars. We link all our learning to aspirations and how there is so much to explore in our wonderful world. With this in mind, we asked the children what they would like to have done before they leave St Bartholomew's. They came up with some fantastic responses and we have created a board of wishes in our corridor.

Some of the wishes are things that we will be able to do as a school or class but we would also like to see what our children are doing outside of school too. Therefore, please take a look at the list below and if your child or family tick off any, please send us photos to add to our board. All our staff will be doing this too! We look forward to hearing about the adventures our children are having!

- | | |
|---------------------------------------|---|
| Write a book | Boat trip |
| Spend the day on the beach | Attend a music concert |
| Whole school sleep over | Ride a horse along a beach |
| Learn to play a musical instrument | Visit Buckingham Palace |
| Camp in a tent | Have a meal at a restaurant |
| Toast marshmallows on a camp fire | Attend a circus |
| Visit Big Ben and hear it ring | Visit Legoland |
| Visit a Zoo | Participate in a camp fire sing-a-long |
| Ride the London Eye | Participate in a school gymnastic competition |
| Complete a sponsored run | Visit a sealife centre |
| Go Ice-skating | Visit a theme park |
| Have a tour around a football stadium | Make something out of wood |
| Feed a lamb | Visit a university |
| Perform a solo | Go fishing |
| Visit a Museum | Splash at a water park |

The Government has announced that the Household Support Fund payments have now ceased. Lincolnshire EYPP and FSM eligible children will have received their final £75 payment in December for the 2023/24 financial year and no further vouchers will need to be distributed. If parents/carers need any further support, please take a look at the following links:

- Citizens Advice Bureau: <https://www.citizensadvice.org.uk/> (input your postcode to access information regarding the local branch)
- <https://www.citizensadvice.org.uk/debt-and-money/budgeting/budgeting/get-help-with-bills/>. This link provides specific information on help with paying bills.
- <https://lincolnshirefoodpartnership.org>. This link provides information regarding local food banks.

NSPCC FREE workshop for Parents/Carers about keeping children safe when gaming - 7th February 7-8pm

This year, the NSPCC launches its first Game Safe Festival and as part of this festival, there will be a **free** online webinar for parents/carers about online gaming and how they can help keep their children safe. The webinar will be open to parents/carers from across the UK. NSPCC are bringing together key players to make sure children have positive gaming experiences, and helping the adults in their lives have the knowledge, confidence and tools they need to help keep children safe when they game. The **free** workshop will take place on Zoom on **Wednesday 7th February 2024, 7-8pm**. Please see the poster below with details on how to register.

Pancakes

On the afternoon of Friday 9th February 2024, the Village Hall Committee have kindly agreed to serve each child a pancake. The children will walk to the Village Hall with their class and eat a pancake. Please complete the form via ParentMail to give consent for your child to attend this trip and send 50p in a named envelope to the school office. Please be aware that Family Celebration Collective Worship will not take place on this day.

Home School Agreement

Thank you to all those parents who have already completed the Home School Agreement 2023-24 form on ParentMail. If you haven't completed it, please take the time to do so, as without permission, your child/ren will not be included in the Tempest class photos that will be taken on Wednesday 7th February 2024.

We hope that you have a wonderful, fun-filled weekend.

Take care, Miss Ingle

School worship

A Prayer for Strength and Guidance in the Week Ahead

Heavenly Father, As I begin this new week, I come before You with a heart full of gratitude for the gift of life. Grant me the strength and courage to face the challenges that lie ahead. Guide my steps and help me make wise decisions in all that I do.

Amen

Bible verse of the week

Luke 12:15 NIV

Then he said to them, "Watch out! Be on your guard against all kinds of greed; life does not consist in an abundance of possessions."

Celebrated this week in Collective Worship

w/e 2.2.2024	Fantastic award	Excellence award
Apple Class	Dillan W	Daniel
Palm Class	Rhys	Xander
Oak Class	Teodor	Julia
Willow Class	Josie	Kiera

Attendance winner of the week

Palm Class are the attendance winners of the week and will receive the reward of taking Gerald to the park at playtime one day next week.

Dates for Your Diary

Date	Time	Event
7 th February		Class Photos
7 th February	3.15-4.30pm	PTFA Valentine Disco
9 th February		Pancakes – Village Hall
9 th February		No Family Celebration Collective Worship
10 th & 11 th February		Snowdrop Weekend at St Bartholomew’s Church (see flyer below)
16 th February		Year 5 Girls: 11+ Registration closes for Spalding High School
1 st March		Year 5 Boys: 11+ Registration closes for Spalding Grammar School
1 st March		Secondary School place offer day
7 th March		World Book Day (more details to follow)
15 th March		Red Nose Day (more details to follow)
19 th March		Willow Class – Easter Cracked
25 th March	3.30-5.30pm	Parents’ Evening
26 th March	3.30-6.30pm	Parents’ Evening
28 th March	2.15pm	Easter Church Service (collection Village Hall)
16 th April		Reception 2024 place offer day
26 th April		Year 1 – Learn2Ride course
15 & 16 th May		Year 5 – L1 & 2 Bikeability
26-28 th June		Year 6 Residential - Ravenstor

Please be aware that Lincolnshire County Council have amended the term dates for 2024-25. Tuesday 22nd April 2025 is now an Inset Day and Monday 2nd June 2025 is now a normal school day. Please see our school website for all term dates.

All calendar dates/events can be found on our school website by clicking on the ‘calendar’ tab. If you wish to add an event to your own calendar, you can do so by clicking on the link and pressing the ‘add to calendar’ button.

Any Other Information/Reminders

PE Timetable Term 3:

	Outdoor PE	Indoor PE
Apple	Monday	Wednesday
Palm	Tuesday	Thursday
Oak	Thursday	Monday
Willow	Friday	Tuesday

Attendance

All schools are expected to keep their attendance over 96%. This term we have dropped to 95.2% I know that this term brings chilly weather and wet mornings, which in turn means more colds and coughs are about, however, if your child has a cold, they should still be in school please. If you need any help with attendance, please come and speak to us as we will help in any way that we can. Dr Chris Whitty released this statement via the DfE: *“It is usually appropriate for parents and carers to send their children to school with mild respiratory illnesses. This would include general cold symptoms: a minor cough, runny nose or sore throat. However, children should not be sent to school if they have a temperature of 38°C or above.”*

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**

Book Wish List

We are constantly trying to update our school Library so the child have the opportunity to read new and exciting books. With this in mind, Mrs S has sourced a ‘Book Wish List’. It has been created by our local book shop ‘Bookmark’ in Spalding. They have been extremely kind and made an area on their website where you can click on a

book and purchase it online and have also offered us a discount. We felt it was not only important to purchase new books for our children but also support a local small business. When a few books have been purchased they will then contact Mrs S to go and collect them. If you feel like you would like to purchase a book for our Library, or know someone that would like to, then please follow this link:



<https://uk.bookshop.org/lists/st-bartholomew-s-ce-primary-school-wishlist?>

Thank you so much for your continued support.

Working Party

Due to the current economic climate, we are looking for ways to cut down on costs over the year. We currently spend a reasonable amount of money each month for the upkeep of the school playing fields and hedges. We are looking to source our own ride on lawn mower for our wonderful caretaker to use for the grassed areas. In addition, we wondered if anyone would be prepared to join a working party 3 times a year to cut the hedges. If you think that you could help with this, please email the office and let them know. Every little helps! Thank you!

School Mobile Phone

We now have a school mobile for afterschool care. The number is: **07396725986** It will be turned off during the school day. It will only be available for parents who have children attending afterschool care during afterschool care hours. **PLEASE CONTACT THE SCHOOL OFFICE FIRST IN ALL CIRCUMSTANCES.**

After School Kids Club

Please be aware that if parents/carers/guardians are more than 10 minutes late collecting from after school clubs at 4pm there will be a charge of a full hour, per child, childcare cost.

Pencil Cases

Please remember to ask your child regularly if they require anything replenishing.

Severe Weather/Snow Closure

In the event of severe weather, we will always strive to ensure that the school remains open, but in the event that extreme weather conditions necessitate the closure of the school we will advise you of this in a number of ways. We will notify parents via email via Parentmail, update the school website and advise Lincs FM and BBC Lincolnshire radio stations so listen out to their broadcasts or log onto their websites. We will also post a message on the school's Facebook and 'X' pages.

School Opening

Our school office is open from 8.30am to 3.15pm, Monday to Friday. If you wish to contact the school out of these hours, please call 01775 640357 and leave a message on our answerphone or alternatively email enquiries@stbartholomews.lincs.sch.uk.

PTFA Easy Fundraising is a great source of funds for the school which could raise £££ for the PTFA. A range of retailers, holiday companies, Ebay, Tesco and many more donate a percentage of money spent when parents / carers / guardians spend money. It costs the consumer absolutely nothing at all. Parents/carers/guardians need to click on the easy fundraising link:

<https://www.easyfundraising.org.uk/panel/>

- Register an email and password
- Nominate your cause
- Download a reminder tool to browser so when purchases are made through a partner a reminder is sent.

Make the purchase and a percentage goes to St Barts!

£34.21 raised since September 2023

Willoughby Foods Ltd.
"Healthy School Meals children can't get enough of"

Space Day

Thursday 22nd February

(Order by Tuesday 13th February)

Meteoric Meatballs
Rice & Carrots

Shooting Star Cookie

For our full menu and to place an order please visit www.willoughby-foods.co.uk

Willoughby Foods Ltd.
"Healthy School Meals children can't get enough of"

Friday 15th March

(Order by Tuesday 5th March)

Fish Fingers
Crispy Cube Potatoes
Baked Beans

Red Nose Dessert

For our full menu and to place an order please visit www.willoughby-foods.co.uk

ELITE SPORT ACADEMY LIMITED

WHAT'S ON?

FEBRUARY HALF TERM

12TH FEBRUARY	INFLATABLE FUN DAY	PETER PAINE SPORTS CENTRE
12TH FEBRUARY	FOOTBALL FUN DAY	PINCHBECK EAST PRIMARY
12TH - 16TH FEBRUARY	SPORTS CAMP	WYGATE PARK ACADEMY
14TH FEBRUARY	SEN STAY & PLAY	PETER PAINE SPORTS CENTRE
14TH - 15TH FEBRUARY	SPORTS CAMP	SOUTH VIEW PRIMARY
16TH FEBRUARY	INFLATABLE FUN DAY	SPALDING HIGH SCHOOL
16TH FEBRUARY	FOOTBALL FUN DAY	PETER PAINE SPORTS CENTRE

FOR INFO/BOOKING, PLEASE CONTACT: INFO@ELITESPORTSACADEMY.CO.UK

FOR INFO: INFO@ELITESPORTSACADEMY.CO.UK - FOR BOOKING: WWW.ELITESPORTSACADEMY.CO.UK

ELITE SPORTS ACADEMY

SPORTS CAMP

FEBRUARY HALF TERM

WYGATE PARK ACADEMY

WITHAM RD, SPALDING, PE113WT

MONDAY 12th - FRIDAY 16th FEBRUARY

9AM TILL 3PM = £20
EXTRA TIME (3 TILL 4PM) £4.50 PER DAY

FOR INFO/BOOKING, PLEASE CONTACT: INFO@ELITESPORTSACADEMY.CO.UK



NSPCC

Online gaming and keeping children safe

**Do you know your whispers
from your skins? Your Fortnite
from your EA Sports FC 24?**

As part of the NSPCC Game Safe Festival, we're encouraging parents, carers and those working with children and families to have conversations about online gaming.

GamCare will be sharing expert advice, and you'll hear directly from young people.

Our webinar will help you:

- understand how young people game online.
- learn about tools and resources that support safe play.
- gain the knowledge you need to keep children safe.



**GAME SAFE
FESTIVAL**

**7 February 2024, 7pm-8pm, via
Zoom. Book your place via this link:
nspcc.org.uk/gamesafe/tickets**

EVERY CHILDHOOD IS WORTH FIGHTING FOR

©NSPCC 2022. National Society for the Prevention of Cruelty to Children. Registered charity England and Wales 216461, Scotland SC037717 and Jersey 289. Children and adults pictured are models. Photography by Tom Hall. J02230141.

What Parents & Carers Need to Know about PERSUASIVE DESIGN ONLINE

'Persuasive design' refers to the techniques that companies employ to influence our thoughts and behaviours when we're on the internet. These approaches can be spotted on websites, in apps and even as part of some video games. Persuasive design means that this content has been deliberately presented in a way that's intended to encourage you to spend your time or money (or both). These methods often prove highly effective at keeping people engaged and invested for longer than we might expect.

WHAT ARE THE RISKS?

POTENTIAL ADDICTION

In the digital world, persuasive design can make certain activities more addictive and harder to walk away from: some people may begin to feel anxious or irritated without access to their device or their favourite app, for example. It can also often leave users feeling isolated, as – if they spend most of their time on social media – they may start to find it difficult to talk to other people in real life.

MENTAL HEALTH CONCERNS

Scrolling online or gaming without regular breaks is proven to be harmful to our mental health. The constant bombardment of news stories (many of them negative), images and influencers' posts can create sensations of unease, uncertainty and FOMO (fear of missing out). Young people can get so immersed in this environment that they become less likely to spot misleading posts.

PROLONGED SCROLLING

Social media can draw any of us – regardless of age – into a continuous pattern of refreshing our screen, following posts and links down rabbit holes or reading countless comments made by others. This aimless scrolling can eat up time which could have been spent on more productive activities. It could also lead younger users into areas of the online world which aren't age appropriate.

KEEP SCROLLING

SENSORY OVERLOAD

Repetitively scrolling, clicking on links or playing games can create an unending stream of new information and visual stimuli. Put it this way: social media isn't exactly renowned as a carefree, chilled-out environment. Such overstimulation can become too much for young people to handle, resulting in sensory overload and causing them to feel stressed, overwhelmed and exhausted.

COSTLY ADDITIONS

Video games sometimes display offers for downloadable content or loot boxes which can be bought with real money. While these 'microtransactions' temptingly promise to improve a player's gaming experience, most of the time they are money sinks. Young people in particular, excited by the chance of enhancing their game, could spend quite a sizeable sum very quickly indeed.

PHYSICAL CONSEQUENCES

Hours spent sitting and scrolling means far less time moving around and getting exercise: hardly ideal for a young person's physical health. Additionally, prolonged exposure to the light given off by a phone's screen can lead to eye fatigue and discomfort, especially if viewing it in the dark. Extended phone use before bed can also impact on sleep quality, affecting mood and energy levels over the following days.

Advice for Parents & Carers

ESTABLISH LIMITS

Talk to your child about setting some time limits on how long they can use their phone, tablet or console in the evenings or at weekends – or perhaps how often they can go on a specific app, game or website. You could also decide to involve the whole family in creating this shared screen time agreement, making things fair (and healthier) for everyone.



ENCOURAGE MINDFULNESS

Acknowledging any addiction is key in overcoming it – and compulsive scrolling is no different. If anything mentioned in this guide sounds familiar, it could help to have an honest, open chat with your child about how much time they spend online. Get them to think about how often they scroll through social media aimlessly or habitually open it up whenever they have a spare moment.

NIX NOTIFICATIONS

Stop knee-jerk responses at the source by turning off push notifications and alerts. Whether it's a gaming notification or a social media update, these not-so-gentle reminders are designed to catch our attention and lure us back to our device. Switching them off – or even deleting any particularly intrusive apps – can help prevent your child from being reeled back into the online world.



MAKE A CHECKLIST

Considering a list of relevant questions can be an effective way of helping children figure out why they're scrolling on certain sites or consuming particular pieces of content. A checklist can prompt young people to ask themselves if they're learning anything or benefiting from this activity – or if they're wasting their time. Taking a step back can sometimes help us to see things more clearly.



Meet Our Expert

Rebecca Jennings has more than 20 years' experience in the field of relationships, sex and health education (RSHE). As well as delivering workshops and training for young people, parents and schools, she is also a subject matter expert on RSHE for the Department of Education.



The National College

NOS National Online Safety
#WakeUpWednesday

@natonlinesafety

/NationalOnlineSafety

@nationalonlinesafety

@national_online_safety

SNOWDROP WEEKEND

St Bartholomews West Pinchbeck

10th - 11th
Feb

1pm to
4pm

Free
Entry

Car
Park

See the snowdrops

Enjoy refreshments

Call 01775 640296 for details

Charity No: 18332