



St Bartholomew's CE Primary School



News in school 17.5.24

Dear Parents, Carers and Guardians,

Year six have been shining their lights all week. They have been positive, showed perseverance, determination and wonderful friendship during SATs week. Well done year 6! We are so very proud of you.

Thank you to everyone who has come forward to offer their help with the careers day. So far, we have a quantity surveyor, swimming instructor, RAF, development chef, Computer engineer and paramedic. I will be closing the offer on Monday to allow me time to work with those who have come forward to arrange a date and make the day a fabulous success so if you would still like to sign up, please email me by the end of the day on Monday. Our vision encompasses raising aspirations and inquisitiveness and I hope that the careers day will further embed this.

Thank you to those parents who have signed the petition to reduce the speed limit from 30mph to 20mph in the area around the school to include 50 metres either side of the junction of Six House Bank and Leaveslake Drove up to the park.

Well done to the Year 5 children who took part in the Bikeability Level 1 & 2 training this week. We hope you have enjoyed the training, taken on board what you have been taught and cycle with care.

Please do read the information that has come out this week on the SIAMS inspection that will be taking place on Monday. We hope that the inspectors see the passion, vision and hope that runs throughout our wonderful school. I will write to all parents to inform you of the outcome of the inspection as soon as we know the result. Thank you in advance to everyone who has contributed to our inspection – I truly appreciate your support.

I hope that you have a happy and fun-filled weekend and look forward to seeing everyone for the last week of term.

Take care
Miss Ingle

School worship

May you be made strong with all the strength that comes from his glorious power, and may you be prepared to endure everything with patience, while joyfully giving thanks to the Father, who has enabled you to share in the inheritance of the saints in the light.

Amen

Bible verse of the week

For God, who said, "Let light shine out of darkness," made his light shine in our hearts to give us the light of the knowledge of God's glory displayed in the face of Christ.

2 Corinthians 4:6

Celebrated this week in Collective Worship

w/e 17.5.2024	Fantastic award	Excellence award
Apple Class	Daniel	JJ
Palm Class	Esme C	Oliver C
Oak Class	Aryla	Julia, Teodor, Emilia and Ruby
Willow Class	The whole class	Lacey-Mae

Attendance winner of the week

Apple Class are the attendance winners of the week and have won a trip to the park with Gerald during playtime one day next week.

Dates for Your Diary

Date	Time	Event
24 th May		End of Term 5
5 th June	6-7.30pm	Online Safety Q&A Event for Parents/Carers/Guardians - Primary
19 th June	6-7.30pm	Online Safety Q&A Event for Parents/Carers/Guardians - Secondary
21st June		Order deadline for uniform orders for Sept '24
1-3 rd July		Year 6 Residential - Castleton
16 th July	9-4.30pm	Whole School Trip
Please be aware that Lincolnshire County Council have amended the term dates for 2024-25. Tuesday 22 nd April 2025 is now an Inset Day and Monday 2 nd June 2025 is now a normal school day. Please see our school website for all term dates.		
All calendar dates/events can be found on our school website by clicking on the 'calendar' tab. If you wish to add an event to your own calendar, you can do so by clicking on the link and pressing the 'add to calendar' button.		

Church News

Thirsty on a Thursday: The Church is open every Thursday between 9.30—11am for you to drop in any time for tea/coffee and a chat.

Any Other Information/Reminders

PE Timetable Term 5:

	Outdoor PE	Swimming
Apple	Wednesday	Monday
Palm	Tuesday	Friday
Oak	Monday	Thursday
Willow	Friday	Tuesday

Attendance

All schools are expected to keep their attendance over 96%. This term we have dropped to 95.2% I know that this term brings chilly weather and wet mornings, which in turn means more colds and coughs are about, however, if your child has a cold, they should still be in school please. If you need any help with attendance, please come and speak to us as we will help in any way that we can. Dr Chris Whitty released this statement via the DfE: *"It is usually appropriate for parents and carers to send their children to school with mild respiratory illnesses. This would include general cold symptoms: a minor cough, runny nose or sore throat. However, children should not be sent to school if they have a temperature of 38°C or above."*

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**

Stay Safe Partnership's Upcoming Online Safety Q+A events for Parents

In the 2023 Keeping Safe Survey Lincolnshire, it showed that effective parental/guardian supervision of a child's online activity reduced the risk of children being bullied online by up to 39%. Being able to keep up to date with the latest apps and trends in order to keep your children safe can feel like an overwhelming task. The Stay Safe Partnership deliver Online Safety workshops in Primary and Secondary schools across Lincolnshire everyday. In this Online Safety Q&Q event for Parents, they will give you the most up to date information and tools, so you feel confident that you can keep your children safe from online harm whilst still allowing them to explore the online world. Whether you want to know more around age appropriate apps, online trends, parental controls, social media or any other burning questions this is the event for you! Sign up is required.

Stay Safe Partnerships Online Safety Q+A for **Parents of Primary** Aged Children **5th June 2023 6-7:30pm** **FREE TEAMS** event sign up required: <https://buytickets.at/staysafepartnership/1238483>

Stay Safe Partnerships Online Safety Q+A for **Parents of Secondary** Aged Children **19th June 2023 6-7:30 pm** **FREE TEAMS** event sign up required: <https://buytickets.at/staysafepartnership/1238529>

Careers Event

We are asking parents/carers/guardians to come forward who would like to help with holding a careers event at school to raise aspirations. We have had an amazing offer from a development Chef and would love to be able to include many more. Please contact the school office if you feel that you could contribute.

Book Wish List

We are constantly trying to update our school Library so the child have the opportunity to read new and exciting books. With this in mind, Mrs S has sourced a 'Book Wish List'. It has been created by our local book shop 'Bookmark' in Spalding. They have been extremely kind and made an area on their website where you can click on a book and purchase it online and have also offered us a discount. We felt it was not only important to purchase new books for our children but also support a local small business. When a few books have been purchased they will then contact Mrs S to go and collect them. If you feel like you would like to purchase a book for our Library, or know someone that would like to, then please follow this link:



<https://uk.bookshop.org/lists/st-bartholomew-s-ce-primary-school-wishlist?>

Bookmark have informed us that if you select a book from our list on their website and buy via the website then a delivery cost will be added. If you see a book you would like to purchase please email them directly or call the shop. They will then have the books delivered to the shop for free and I will collect them.

Working Party Due to the current economic climate, we are looking for ways to cut down on costs over the year. We currently spend a reasonable amount of money each month for the upkeep of the school playing fields and hedges. We are looking to source our own ride on lawn mower for our wonderful caretaker to use for the grassed areas. In addition, we wondered if anyone would be prepared to join a working party 3 times a year to cut the hedges. If you think that you could help with this, please email the office and let them know. Every little helps! Thank you!

School Mobile Phone

We now have a school mobile for afterschool care. The number is: **07396725986** It will be turned off during the school day. It will only be available for parents who have children attending afterschool care during afterschool care hours. **PLEASE CONTACT THE SCHOOL OFFICE FIRST IN ALL CIRCUMSTANCES.**

After School Kids Club

Please be aware that if parents/carers/guardians are more than 10 minutes late collecting from after school clubs at 4pm there will be a charge of a full hour, per child, childcare cost.

Pencil Cases

Please remember to ask your child regularly if they require anything replenishing.

Severe Weather/Snow Closure

In the event of severe weather, we will always strive to ensure that the school remains open, but in the event that extreme weather conditions necessitate the closure of the school we will advise you of this in a number of ways. We will notify parents via email via Parentmail, update the school website and advise Lincs FM and BBC Lincolnshire radio stations so listen out to their broadcasts or log onto their websites. We will also post a message on the school's Facebook and 'X' pages.

School Opening

Our school office is open from 8.30am to 3.15pm, Monday to Friday. If you wish to contact the school out of these hours, please call 01775 640357 and leave a message on our answerphone or alternatively email enquiries@stbartholomews.lincs.sch.uk.

PTFA Easy Fundraising is a great source of funds for the school which could raise £££s for the PTFA. A range of retailers, holiday companies, Ebay, Tesco and many more donate a percentage of money spent when parents / carers / guardians spend money. It costs the consumer absolutely nothing at all. Parents/carers/guardians need to click on the easy fundraising link:

<https://www.easyfundraising.org.uk/panel/>

- Register an email and password
- Nominate your cause
- Download a reminder tool to browser so when purchases are made through a partner a reminder is sent.

Make the purchase and a percentage goes to St Barts!

£36.98 raised in the last 30 Days!

ELITE SPORTS ACADEMY PRESENTS

SPORT
ACADEMY LIMITED

SPORTS CAMP

WYGATE PARK ACADEMY
WITHAM RD, SPALDING PE11 3WT

WEDNESDAY 29TH - FRIDAY 31ST MAY
9AM TILL 3PM

£20 PER DAY
FOR EXTRA TIME (3 TILL 4PM)
ADD £4.50 PER DAY

AGES 4-11 - PLEASE BRING A PACKED LUNCH AND DRINK

BOOK ONLINE AT: WWW.ELITESPORTSACADEMY.CO.UK OR FOR
MORE INFO EMAIL: INFO@ELITESPORTSACADEMY.CO.UK

👁️ 👁️ Player Recruitment 👁️ 👁️

Pinchbeck United are expanding their girls teams. This is super exciting for the club and for the girls game.

We are in the process of creating the following teams for the 24/25 season.

- U7s (school year 1 and 2 in September)
- U9s (school year 3 and 4 in September)
- U11s (school year 5 and 6 in September)

If your daughter is interested in playing football and would like to try it for FREE please contact Sarah on 07738164954. All abilities welcome. Just come down and have some fun.

Our u15s (school years 10 and 11 in September) are also recruiting players for next season as well. Contact Conrad on 07780692929 for more information





Upcoming Online Safety Q+A events for Parents

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What Parents & Educators Need to Know about SCHOOL AVOIDANCE

Emotionally Based School Avoidance is a term used to refer to reduced attendance or non-attendance at school by a child or young person. It's often rooted in emotional, mental health or wellbeing issues. The rate of children who miss school more than 10% of the time in England has more than doubled since before the pandemic: rising from 10.9% in 2018-19, to 22.3% in 2022-23.

UNDERSTANDING SCHOOL AVOIDANCE

IMPACT OF SCHOOL AVOIDANCE

REASONS FOR ABSENCE

School avoidance is sometimes underpinned by several factors rather than one single cause. This could include something going on for the child or young person within the family or at school. A child may have caring responsibilities at home, for instance, or a change in family dynamics; bullying and friendship difficulties at school; pressure to achieve in schoolwork and exams; or moving from primary school to secondary school.

PATTERNS OF ABSENCE

You may notice patterns in regular absences or children regularly expressing that they don't want to attend school (particularly being reluctant to leave home on school days). If a child or young person is neurodiverse, there is some evidence to suggest there are more aspects of school life which can cause distress – such as changes in the environment, changes of routine and sensory stimuli.

COMPLAINTS ABOUT PHYSICAL SYMPTOMS

There may be an increase in a child or young person's complaints about physical symptoms, particularly on school days or the evening before school. These could include complaining of a tummy ache, headache, or saying they feel ill when there doesn't appear to be a medical cause. Always check with the GP first to rule out medical causes or illness.

LEARNING AND DEVELOPMENT

School refusal can negatively impact a young person's learning and development. Attending school on a regular basis not only supports academic attainment but is also important for the development of key life skills and the growth of children and young people as citizens.

LONG-TERM OUTCOMES

The difficulties associated with school non-attendance can be far reaching and may have a negative impact on long-term outcomes. It may, for example, lead to reduced future aspirations, poor emotional regulation, mental health difficulties, limited academic progress and restricted employment opportunities.

CYCLE OF ABSENCE

Consistent absences may contribute to sustained school avoidance over time. Further to this, the longer a pupil is out of education, the more likely it is that there is a rise in their ongoing need to avoid the activity which is making them anxious – increasing their desire to stay at home.

Advice for Parents & Educators

WORK TOGETHER

If there's a concern about a child's absence and emotional wellbeing, it's important that there is clear communication and a consistent approach between the child's parents and the school, so you can take a child-centred approach together towards a plan of support or reintegration. This ensures a consistency of approach from both home and school, creating better outcomes for the child.

MANAGING OVERWHELMING FEELINGS

While there may be times you feel frustrated or angry, try to stay calm; acknowledge the child's worries, listen and discuss a range of coping strategies together to help them face the discomfort and overwhelming feelings. These could include mindfulness, deep breathing or going for a walk and practice the strategies in less overwhelming situations first.

FOLLOW REGULAR ROUTINES

Children can benefit from a regular and consistent routine. This could be a morning routine, from waking up and having breakfast through to getting dressed, packing their bag and leaving the house. A consistent evening routine which is calm and limited time on screens can also give children much needed predictability and familiarity. Schools can help create a timetabled routine for the child's school day, if required.

REDUCE STIMULATING ACTIVITIES AT HOME

If a child is avoiding school, reduce their access to more stimulating activities (such as watching television, playing games and spending time with friends) during school hours, where possible. This reduces the potential for the child having rewarding experiences at home, which could be interpreted as a positive aspect of avoiding school.

Meet Our Expert

With 30 years' experience as a teacher, trainer, consultant and interim executive board member, Anna Bateman has a superb understanding of what works in pedagogy, school improvement and leadership. She has also advised the Department for Education on their mental health green paper.



The National College

Source: See full reference list on guide page at: nationalcollege.com/guides/school-avoidance

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