

Dear Parents / Carers / Guardians

We can and we do achieve great things in our school. The level of our success for the future I believe is dependent on the strength of teamwork and the clarity of our Christian vision. Luckily, we have an incredible staff, governing body, PTFA and parent community that continually work as a team to support our vision and give our children the best possibilities and opportunities that they can. Thank you for your continued drive, determination, and hard work. Thank you to everyone who has supported us through our SIAMS inspection whether that was coming in for meetings, sharing information or simply offering a good luck on the gate. You are all very much appreciated.

Through many enriching activities, we have continued to raise aspirations and awareness of just what our world has to offer. It is so important to us that our children see and find their place in the communities that they serve and dare to follow their dreams. Ancient Greece, Ancient Egypt, Bees, Boys that turn into Dolphins, Islam, Christianity, Buddhism, trips and workshops, have all enriched our curriculum and given our children some wonderful learning opportunities whilst creating lasting memories and enabling them to see the disciples of change that they can be.

Thank you again for your support this term. Seven weeks to go!

I hope that you have a wonderful half-term that enables you to rest, have fun and spend time with loved ones.

Take care, Miss Ingle



Governors: It has been another busy few months for the governors, with several meetings as well as trying to be created with a poor budget for the next 12 months. This always seems like such a short term, with Easter only just behind us. We are lucky to be welcoming a new governor to the team this month, Mr Ollie Willetts. We look forward to seeing him at the meetings over the next few months. This next year is definitely a challenging one, with poor funding we have had to make the difficult decision to reduce down to three classes to try and stay financially viable. We were lucky enough to meet with a few parents to discuss the changes. Hopefully this will be a temporary measure until better funding returns maybe with a change of government. As the summer draws ever closer, and for some those last few weeks at St Bartholomew's, I really hope you will all enjoy the last couple of months of your primary education and all the leavers activities that are planned. I am lucky enough again this year to join the residential trip away in Derbyshire.

If you have any concerns you would like to raise or are interested in becoming a governor please contact the governors via Gary Peatling – the clerk to governors (enquiries@stbartholomews.lincs.sch.uk). On behalf of the whole governing body, I would like to wish you a fantastic May break and look forward to seeing you all in the summer term.

Best wishes, Phil Callow – Chair of Governors.

Uniform: We only keep a few items of uniform at school, therefore please order any uniform required for September, via ParentMail, by Friday 21st June. Any orders received after this date may not be available before Friday 19th July 2024.

Attendance Winner of the Week:

Palm Class are the attendance winners of the week and as a reward will take Gerald to the park w/c 2nd June 2024!

House Point Champions—Term 5:

Falcons (Blue) are the house point champions for term 5 and have earned a non-uniform day on **Tuesday 11th June 2024**.



Term 6 Breakfast Club: Bookings for attending our Breakfast club can be made via ParentMail.

Term 6 After School Clubs: The following clubs take place during term 6 and can be booked via ParentMail; they are free and run by staff/parents. Childcare is also available in school every day from 3.15pm until 5pm. You are able to book sessions from 3.15pm to 4pm, 3.15pm to 5pm, or 4pm to 5pm if your child is attending a free club first. The clubs on offer must be booked even if they are free. Available clubs are:

Monday—Yr 5 & 6 Netball (Miss Cox)

Thursday—Rounders Yr 3, 4, 5, 6 (Miss Cox)

Please be aware that if parents/carers/guardians are more than 10 minutes late collecting from after school clubs at 4pm there will be a charge of a full hour, per child, childcare cost. We have a school mobile for afterschool care. The number is: **07396725986**. It will be turned off during the school day. It will only be available for parents who have children attending afterschool care during afterschool care hours. For all other queries, please contact the school office.

Elite Sports Tournaments: We have had a burst of Kwik Cricket Tournaments during this term and our children have worked so incredibly hard learning new skills, showing excellent teamwork and resilience. Every child has been a fabulous ambassador for our school. Thank you to our Governors and Parents for supporting us at these events with transport.

Netball: A huge congratulations to our Netball Team who continued to make significant progress in their final league matches this term. The team have worked tirelessly with Miss Cox and Mrs Barnard on shooting and defensive practice and have simply gone from strength to strength this term. We cannot wait to see the heights they reach next academic year. Once again, we must say the biggest thank you to Mrs Barnard for coaching the team alongside Miss Cox, her abundance of knowledge, enthusiasm and motivation is second to none!

Football: Girls Football Team have trained with such determination for our ESA Coaches. They have rallied together on the football pitch during our league matches and must be praised for their resilience, determination and commitment. We would like to congratulate them for their defensive skills and goal scoring but most importantly their team spirit and sportsmanship. We are a small but mighty little school here at St Bart's and this team epitomises that in all that they do. Congratulations girls, we are all so incredibly proud of you.

Outdoor PE Timetable for Term 6:

Monday: Oak

Tuesday: Palm

Wednesday: Apple

Friday: Willow

SWIMMING PE Timetable for Term 6:

Monday: Apple

Tuesday: Willow

Thursday: Oak

Friday: Palm

Reading Rocks Club: It's been another busy term for Reading Rocks. Apple & Palm were invited this term and we were blown away with how many came! Our librarians were very busy reading and delivering different reading related activities. Thank you to all that came along to join in with the reading fun! Next term Reading Rocks will be outside. We love the last term, sitting in the sun (hopefully) sharing books with everyone across the school. Don't forget to join me and your Librarians at 12:30 every Friday on the school field. There will be bunting....you won't miss us!



The weekend book bag has been on a lot of adventures this term. Apple classes 'Bartholomew's Bear' even went swimming and watched the Spalding Flower parade! He is one very lucky Bear! Thank you for taking him on a lovely adventure Elliott.

Thank you to everyone for sharing the most wonderful photos with us. Oak & Willow class don't forget to email photos to the office please.



Please keep an eye out for the shine shop that is opening soon. Mrs Syzdlowski's Mum and Step Mum have been very busy making mini Bartholomew Bears for you to buy. They are available for 100 shines. When Miss Ingle asked some children what they would like to see in the shop he was a firm favourite. Unfortunately, he takes a long time to make so he is our top prize and we ask that only one per child is available. We hope that earning enough shines to buy him will make you very proud of what you have achieved. How lovely to own your own to keep forever!

We've had a lot new golden coin winners this term. Reading aloud with fluency, expression and determination are some of the few wonderful things that we have celebrated this term. Well done to everyone who has won a book from the vending machine.



A few months ago we were fortunate to receive £100 from Janet Izatt a local lady who sells books for the church. It was extremely kind of her and the church and with the money I purchased new 'Lime' books for our reading scheme. Thank you!

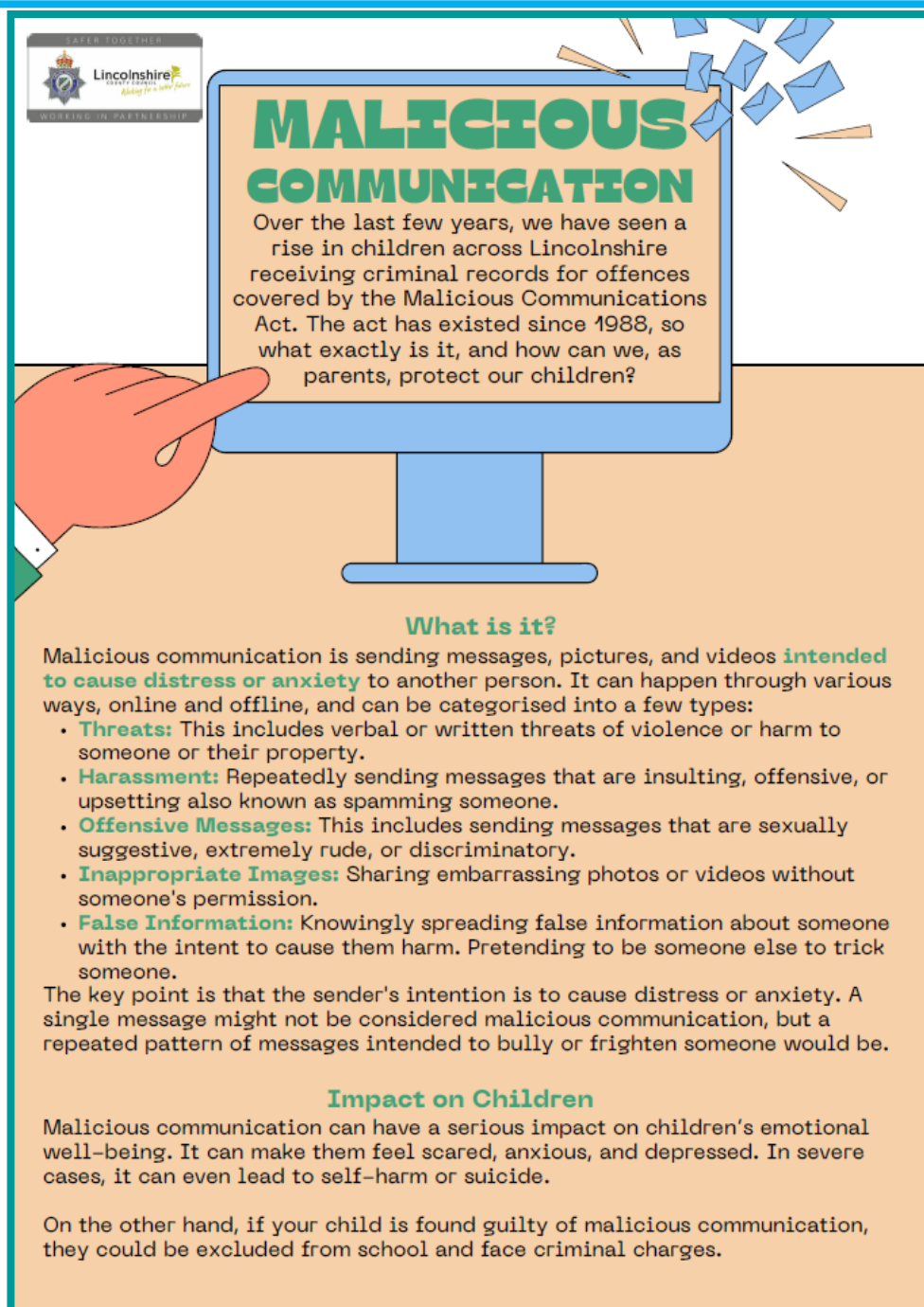
Well done Apple class for posting the most golden tickets this term.

Enjoy your weeks holiday and don't forget to find a cosy corner with some yummy snacks and enjoy your favourite book (adults too!)

Mrs Syzdlowski



Malicious Communications: Malicious Communications has been an on-going problem in Lincolnshire. It is one of the top 5 crimes in which our 14-16 year olds have received a criminal conviction for. Online behaviour is something we talk regularly to children and young people about within our online safety sessions. We want to also make sure parents are aware of these laws and the potential consequences our online behaviour can have in the real world, for our children's futures. The poster outlines the different laws regarding online behaviour, this is to accompany a video aimed at parents [Stay Safe Talks - Malicious Communications \(youtube.com\)](https://www.youtube.com/watch?v=...) / ([https://www.youtube.com/watch?](https://www.youtube.com/watch?v=...)



MALICIOUS COMMUNICATION

Over the last few years, we have seen a rise in children across Lincolnshire receiving criminal records for offences covered by the Malicious Communications Act. The act has existed since 1988, so what exactly is it, and how can we, as parents, protect our children?

What is it?

Malicious communication is sending messages, pictures, and videos **intended to cause distress or anxiety** to another person. It can happen through various ways, online and offline, and can be categorised into a few types:

- **Threats:** This includes verbal or written threats of violence or harm to someone or their property.
- **Harassment:** Repeatedly sending messages that are insulting, offensive, or upsetting also known as spamming someone.
- **Offensive Messages:** This includes sending messages that are sexually suggestive, extremely rude, or discriminatory.
- **Inappropriate Images:** Sharing embarrassing photos or videos without someone's permission.
- **False Information:** Knowingly spreading false information about someone with the intent to cause them harm. Pretending to be someone else to trick someone.

The key point is that the sender's intention is to cause distress or anxiety. A single message might not be considered malicious communication, but a repeated pattern of messages intended to bully or frighten someone would be.

Impact on Children

Malicious communication can have a serious impact on children's emotional well-being. It can make them feel scared, anxious, and depressed. In severe cases, it can even lead to self-harm or suicide.

On the other hand, if your child is found guilty of malicious communication, they could be excluded from school and face criminal charges.

Safeguarding: Safeguarding is our top priority here at St Bart's and we would like to take this opportunity to remind you about the safeguarding information that is available on our website. The safeguarding tab includes a range of information about safeguarding in school, safeguarding at home and a list of useful contacts if you require advice and support. Please also see the safeguarding and child protection policy for further information about how we safeguard children and staff in school.

PTFA News: Easy Fundraising is a great source of funds for the school which could raise £££s for the PTFA. A range of retailers, holiday companies, Ebay, Tesco and many more donate a percentage of money spent when parents / carers / guardians spend money. It costs the consumer absolutely nothing at all. Parents / carers / guardians need to click on the easy fundraising link:

<https://www.easyfundraising.org.uk/panel/>

- Register an email and password
- Nominate your cause
- Download a reminder tool to browser so when purchases are made through a partner a reminder is sent.

Make the purchase and a percentage goes to St Barts!

£74.28 raised in the last quarter



St Bartholomew's Church News:

Thirsty on a Thursday: The Church is open every Thursday between 9.30—11am for you to drop in any time for tea/coffee and a chat.

Stay Safe Partnership's Upcoming Online Safety Q+A events for Parents

In the 2023 Keeping Safe Survey Lincolnshire, it showed that effective parental/guardian supervision of a child's online activity reduced the risk of children being bullied online by up to 39%. Being able to keep up to date with the latest apps and trends in order to keep your children safe can feel like an overwhelming task. The Stay Safe Partnership deliver Online Safety workshops in Primary and Secondary schools across Lincolnshire everyday. In this Online Safety Q&A event for Parents, they will give you the most up to date information and tools, so you feel confident that you can keep your children safe from online harm whilst still allowing them to explore the online world. Whether you want to know more around age appropriate apps, online trends, parental controls, social media or any other burning questions this is the event for you! Sign up is required.

Stay Safe Partnerships Online Safety Q+A for **Parents of Primary** Aged Children **5th June 2023 6-7:30pm** FREE TEAMS event sign up required: <https://buytickets.at/staysafepartnership/1238483>

Stay Safe Partnerships Online Safety Q+A for **Parents of Secondary** Aged Children **19th June 2023 6-7:30 pm** FREE TEAMS event sign up required: <https://buytickets.at/staysafepartnership/1238529>

Speed Limit Petition: The West Pinchbeck Speed Awareness Group would like to thank everyone who signed their Speed Reduction petition. Highways have agreed to reduce the speed limit from 40mph to 30mph for the rest of Six House Bank and the Parish Council has agreed to back the reduction to 20mph at the junction on Six House Bank with Leaveslake Drove. This item is on the agenda for the Highways meeting which will take place in June.

Apple Class: This term has been another busy one for Apple Class. Our topic has been 'what lives in our local river?' We went on a trip to the River Glen to explore what we could find in the water. We took fishing nets, water sample pots, magnifying glasses and had a lovely sunny walk to the river. We collected water samples and found many things in the water such as weeds, grass, worms, ladybirds, flies and animal poo. Some children used nets to dig deep in the water, although no living things were caught. One adult and child did see a fish but it swam away very quickly. To support this learning, we also had a visit from Mr Syzdlowski who came to talk to us about some of the things he has seen on his outings with the Spalding Wombles. He showed the children pictures of trolleys, cones, rubbish, bikes and even a lawnmower that he found in the river. He spoke to the children about not littering, in order to protect the creatures that live in our waters.



The children have enjoyed swimming lessons this term. The children are much more confident than they were in September and this has been wonderful to see. In PE, we have started practising for sports day. The children have been working hard at skipping, egg balancing, sack racing, and running - in preparation for the big day!

The Year 1 children have been working extremely hard on their Phonics, in preparation for the annual Phonics test in June. Please ensure your child is in school as much as possible for the first 2 weeks of June as we will be having daily revision sessions in order to help them pass the government Phonics Screening Check.

Last week we were lucky enough to take part in a bee workshop. The children learnt lots of information about bees, looked at pictures of different bees, listened to the bees buzzing in the hive, labelled parts of a bee and also tasted local and commercial honey.

Thank you to the parents who sent bikes in for the Y1 bikeability sessions. We were so impressed with the progress that the children made during the session. Several children went from not being able to ride a bike, to riding it with confidence in only 90 minutes. Thank you very much to our instructor!

The Reception children have loved learning in the outdoor area during the sunny weather this term. Mrs Syzdlowski, Mrs Elwes and Mrs Morris have worked extremely hard in the outdoor area to refresh provision, create new areas and re-vamp the garden area. The children are very thankful, and so am I – thank you very much ladies!

Have a lovely week everyone and see you all next term.

Miss Cannon ☺



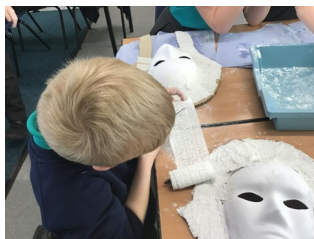
Palm Class:

Well, what a term it has been for Palm Class! We started our learning journey with a fabulous trip to Woolsthorpe Manor. We immersed ourselves in history and science, toured Isaac Newton's home and even built rockets and sent them soaring! It was a fantastic day and I know that many of our children are very keen to return with their families!



This term in science we have been investigating plants. We have planted and grown different plants and strawberries, devised experiments to test the optimum conditions for plant growth and learnt how to care for plants. Year 2 have learnt the lifecycle of a bean, what plants need to live and what's inside a seed. Year 3 have done comparative experiments, looked at the 7 life processes and learnt the roles of the different parts of a plant.

We have delved into ancient Egypt over the last few weeks. From the Nile, daily life and mummification, we have learnt it all! Mrs Amatt created a giant pyramid with the children during SATs week and in art, Miss Illingworth has designed and sculpted burial masks that are full of intricate detail and colour.



In maths we have conquered fractions in year 3 – using lots of bar modelling and super use of times tables. Year 2 have tackled money, length and mass. The children have been developing their reasoning skills and their use of different strategies and models to help them solve multi-step, real-life problems. Well done Palm mathematicians!

Our English learning has taken us to Syria. We have explored the effect of a war on a community and what it means to pull together and work through difficult situations. Throughout this we have developed our use of abstract noun phrases, expanded nouns, contractions, superlatives and interesting adjectives. We finished the term by writing our own versions of the story "The Last Garden" by reflecting on our own challenges through the pandemic. I am incredibly proud of the writing that the children have created. Well done Palm Class!

Computing has been focused on online safety. We have looked at staying safe on social networks, computer games, emails and messaging. The children have worked through scenarios, played true or false games and had a very informative workshop about staying safe whilst online.

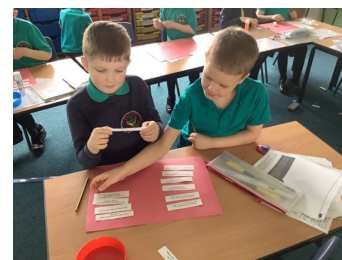
In RE we have been looking at special places in religions. We learnt actively to retell stories of pilgrimages, descriptions of special places of worship and places that hold sentiment for the children in our class.

Little Red Riding Hood has been the focus of our French this term. The children can tell you some of the main characters and objects from the story in French. They particularly enjoyed "le loup" The Wolf!

In PSHE the children discovered the good and bad medicines and drugs in our world. What is safe and what is not. They were incredibly mature and asked some super questions.

It has been a busy, fun-packed term and we can't wait to get back into learning again on the 3rd of June. We hope that you all have a wonderful half term and that the sun shines for you.

Thank you for shining your lights so brightly this term Palm Class!



Oak Class: Our core values have been prevalent in Oak Class this term, where the children demonstrated how their trust in one another has grown to enable them to dream and achieve.

The buzz for learning has once again been alive in Oak Class, the drive and thirst to learn and better themselves is contagious and the children have thrown themselves into vast array of activities that have come their way. Our Disciples of Change have shone through as they have been campaigning against Plastic Pollution by creating beautiful artwork and leaflets as part of our learning in RE and English to display at the Flower Festival to learning. The children have worked their socks off in Maths learning about fractions, decimals and percentages in Maths. Not to mention swimming lessons which Oak Class absolutely love. The anticipation for lessons on a Thursday morning creates the most amazing buzz with the happiest of children and the progress they are making is fantastic. They have particularly enjoyed our work in RE where they have been creating a memory box for children in our school so that they can remember all of the key events in Jesus' life and how these impact us as we follow in his footsteps. The children have absolutely blown me away with their drive to succeed and make a positive impact in the world that we live in.



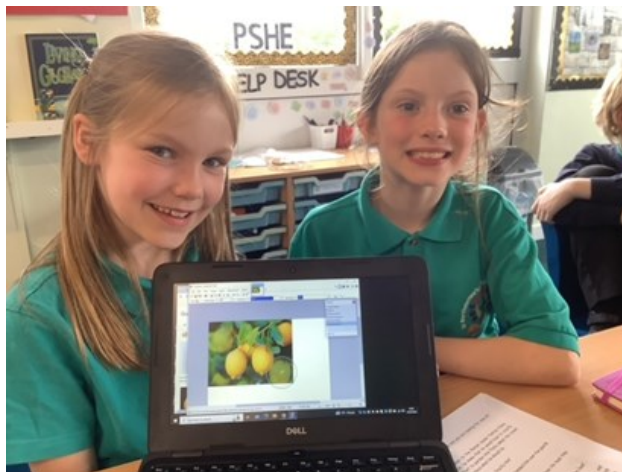
I would like to encourage Oak Class to practice their times-tables over the half-term break on Timestables Rockstars, click on the Soundcheck or on the Multiplication Timestables Check online [Multiplication Tables Check - 2024 - Timestables.co.uk](https://www.timestables.co.uk). Little and often will really support them with the instant recall of these important number facts ahead of the Year 4 Multiplication Tables Check early on in June. Each child has their own username and password for TTRS, please click on this link to login:



[Times Tables Rock Stars – Times Tables Rock Stars \(ttrockstars.com\)](https://www.ttrockstars.com)

On behalf of the Palm Class Team, I would like to wish you all a happy half-term and we hope you have a well-earned rest.

Miss Cox, Mrs Thorley and Miss Stead



Willow Class: Firstly, I would just like to congratulate all of Willow class for their maturity, resilience and effort during their SATs week. They all tried their best and worked hard! Well done! Breakfast was enjoyed by all and the children were in good spirits.



On the Friday following SAT's, Year 6 were lucky enough to enjoy a whole morning of archery and an afternoon of swimming. The children really enjoyed the day, but the highlight was them receiving their Year 6 Leavers Hoodies!

During this term, the Year 6's have managed to be attendance winners of the week, enjoying a fun time at the park as their reward. Also, they have continued their Personal Development curriculum with a couple of workshops, learning about their own identities. The Flower Festival at St Bartholomew's church was splendid, and the children admired the many displays on offer.



For English this term, Year 6 have learnt all about the marine biologist, Jacques Cousteau. They have written biographies, ensuring that all elements of Year 6 writing have been included. The children learnt some fascinating facts about Jacques and shared this information with each other. Did you know that Jacques Cousteau invented the aqualung, used by scuba divers all over the world today? The effort has been amazing, and all the biographies are proudly on display in the classroom. Super Year 6!



Mrs Davison, Mrs Peach and Miss Illingworth

Up and Coming Events

- 24.5.24 Term 5 ends
 3.6.24 Term 6 begins
 11.6.24 Team Point Champions Term 5 Non Uniform Day
 20.6.24 Apple Class Trip to Skegness
21.6.24 PTFA Summer Fayre
 24.6.24 Sports Day
 1-3.7.24 Year 6 Residential - Castleton
 3.7.24 New Intake Meet & Greet (2-3pm)
 10&11.7.24 Willow & Oak Performance
 10.7.24 New Intake Taster Afternoon (1-3pm)
 12.7.24 End of Year Awards Assembly (time tbc)
 15.7.24 Whole School Transition Afternoon (1.15-2.30pm)
 16.7.24 Whole School Trip to Lincoln
17.7.24 PTFA Yr 6 Leavers' BBQ/Whole School Disco
 19.7.24 Leavers' Assembly (9.15am)
 19.7.24 End of Term 6

Term Dates 2024-25

- Term 1: 4th Sept—18th Oct 2024
 Term 2: 29th Oct—19th Dec 2024
 Term 3: 6th Jan—14th Feb 2025
 Term 4: 24th Feb—4th April 2025
 Term 5: 23rd April—23rd May 2025
 Term 6: 2nd June—22nd July 2025

Pencil Cases:



Half term holiday is a good time to ask your child if they need any of their stationery for their pencil cases replenishing. Please be aware that children use their glue sticks in most lessons and therefore they run out frequently.

Helping the Environment:

Clothing Recycling: Our clothes recycling container is situated in the bike shed. If you wish to use it and the gates are locked, please let the school office know and a member of staff will open the gates for you. This facility is available term time only between 8.30am and 3.30pm. Your donations need to be deposited in a bag, however, please can we ask that you do not leave bags by the locked gates. This is a community facility and therefore is available for the wider community to use.

Battery Collection: Remember to bring in your used batteries (AAA, AA, C, D) for recycling. You can return your battery box or use the big battery collection box in the bike shed.

Ink Cartridges: Remember to bring in your used ink cartridges and place them in the box in the bike shed. Please note toner and laser cartridges are not accepted as part of the programme.

ELITE SPORTS ACADEMY

FOOTBALL FUN DAY

@ PINCHBECK EAST PRIMARY
FENNEL ROAD, PINCHBECK, PE11 3RP

FRIDAY 31ST MAY
10AM TILL 3PM

£15 PER SESSION

ALL ABILITIES WELCOME!
AGES 4 - 11
CHILDREN NEED:
TRAINERS, PACKED LUNCH, DRINKS.

FOR INFO CONTACT:
INFO@ELITESPORTSACADEMY.CO.UK

ELITESPORTSACADEMY

ELITE SPORTS ACADEMY PRESENTS

SPORTS CAMP

WYGATE PARK ACADEMY
WITHAM RD, SPALDING PE11 3WT

WEDNESDAY 29TH - FRIDAY 31ST MAY
9AM TILL 3PM

£20 PER DAY
FOR EXTRA TIME (3 TILL 4PM)
ADD **£4.50 PER DAY**

AGES 4-11 - PLEASE BRING A PACKED LUNCH AND DRINK

BOOK ONLINE AT: WWW.ELITESPORTSACADEMY.CO.UK OR FOR MORE INFO, EMAIL: INFO@ELITESPORTSACADEMY.CO.UK

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Lunch Menu w/c 3rd June 2024 **WORLD OCEANS DAY**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Creamy Cheese Topped Tomato Pasta with Peas & Crusty Bread	Cheese & Tomato Pizza, Crispy Cube Potatoes & Salad	Roast Chicken with Potatoes, Mixed Vegetables & GF Gravy	Hot Dog in a Roll, Mini Corns on the Cob, Crunchy Carrot Sticks & Ketchup	Fish Star with Creamy Mashed Potatoes & Sweetcorn
Cheese Topped Wholegrain Pasta with Peas & Crusty Bread	Vegetable Pizza, Crispy Cube Potatoes & Salad	Quorn Fillet with Potatoes, Mixed Vegetables & GF Gravy	Vegetarian Hot Dog in a Roll, Mini Corns on the Cob, Crunchy Carrot Sticks & Ketchup	Vegetable Finger with Creamy Mashed Potatoes & Sweetcorn
Ham Sandwich, Cherry Tomatoes, Gingerbread Man & Fruit	Tuna Mayo/Mayo Sandwich, Homemade Muffin & Fruit	Cheese & Onion Pasty, Crunchy Vegetable Sticks, Yoghurt & Fruit	Chicken, Lettuce & Cucumber Wrap, Muffin & Fruit	Cheese Sandwich, Crunchy Vegetable Sticks, Yoghurt & Fruit
Jacket Potato with Beans	Jacket Potato with Cowboy Chicken	Jacket Potato with Tuna, Sweetcorn & Mayo/Mayo	Jacket Potato with Cheese	Jacket Potato with Traditional Bolognese
Yeo Valley Yoghurt or Fruit	Cookies or Fruit	Melon or Fruit	Shortbread & Orange Slice or Fruit	Orange Cake or Fruit

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Lunch Menu w/c 10th June 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meatballs in a Homemade Tomato Sauce with Rice, Green Beans & Peas	Crunchy Potato Salad with Cucumber Slices & Crusty Bread	Traditional Lasagne & Broccoli	Roast Turkey, Potatoes, Mixed Vegetables & GF Gravy	Fish Fingers with Potato Puffs & Beans
Vegetarian Meatballs in a Homemade Tomato Sauce with Rice, Green Beans & Peas	Wholegrain Pasta with Cucumber Slices & Crusty Bread	Vegetable & Lentil Lasagne & Broccoli	Quorn Sausage, Potatoes, Mixed Vegetables & GF Gravy	Vegetarian Fingers with Potato Puffs & Beans
Cheese Sandwich, Cherry Tomatoes, Yeo Valley Yoghurt & an Apple	Chicken Sandwich, Crunchy Vegetable Sticks, Homemade Fappage & Fruit	Ham Sandwich, Crunchy Vegetable Sticks, Fruits, Jelly & Shortbread	Cheese Cheese Bagel, Cucumber Sticks, Homemade Muffin & Fruit	Tuna Mayo/Mayo Wrap, Cucumber Sticks, Yeo Valley Yoghurt & Fruit
Jacket Potato with Beans & Mini Sausages	Jacket Potato with Cheese	Jacket Potato with Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cowboy Chicken
Fruity Jelly or Fruit	Yeo Valley Yoghurt or Fruit	Jam Filled Puff & Custard or Fruit	Chocolate Cake & Chocolate Butter Cream or Fruit	Fruit Salad or Fruit

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Lunch Menu w/c 17th June 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese Topped Chicken & Sweetcorn Pasta Bake, Vegetables & Crusty Bread	Cheese & Tomato Pizza, Carrot Sticks	Lancashire Hotpot with Potatoes, Mixed Vegetables & GF Gravy	Mixed Beef & Pork in a Soft Taco with Rice & Cucumber Slices	Fish Cake, Sweetcorn & Beans
Cauliflower Cheese, Vegetables & Crusty Bread	Vegetable Pizza, Carrot Sticks	Roast Quorn Fillet with Potatoes, Mixed Vegetables & GF Gravy	Quorn Mince in a Soft Taco with Rice & Cucumber Slices	Vegetarian Fingers, Sweetcorn & Beans
Ham Sandwich, Cherry Tomatoes, Homemade Muffin & Fruit	Egg Roll, Crunchy Vegetable Sticks, Homemade Custard & Fruit	Pasta Salad Pot, Cherry Tomatoes & Fruit Jelly	Cheese Sandwich, Cherry Tomatoes, Yeo Valley Yoghurt & Gingerbread Man	Cheese Cheese Bagel, Cucumber Sticks, Yeo Valley Yoghurt & Fruit
Jacket Potato with Beans	Jacket Potato with Traditional Bolognese	Jacket Potato with Cheese & Beans	Jacket Potato with Vegetables & Lentils in a Tomato Sauce	Jacket Potato with Tuna, Sweetcorn & Mayo/Mayo
Summer Fruit Drink or Fruit	Yeo Valley Yoghurt or Fruit	Jelly or Fruit	Melon or Fruit	Tray Bake or Fruit

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Lunch Menu w/c 24th June '24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese & Tomato Pizza, Crispy Cube Potatoes & Salad	Traditional Meatballs, Rice & Peas	Shepherd's Pie, Creamy Mashed Potatoes, Mixed Vegetables & GF Gravy	Cheese Topped Potato Steak, Sweetcorn & Bean Bread	Fish Fingers with New Potatoes & Beans
Vegetable Pizza, Crispy Cube Potatoes & Salad	Vegetarian Meatballs with Rice & Peas	Vegetable & Lentil Pasty, Creamy Mashed Potatoes, Mixed Vegetables & GF Gravy	Cheese Topped Potato Steak, Sweetcorn & Bean Bread	Vegetarian Burger with New Potatoes & Beans
Tuna Mayo/Mayo Sandwich, Cherry Tomatoes, Yeo Valley Yoghurt & an Apple	Cheese Sandwich, Cherry Tomatoes, Shortbread & Fruit	Ham Wrap, Cucumber Slices, Muffin & Fruit	Chicken Sandwich, Crunchy Vegetable Sticks, Homemade Muffin & Fruit	Egg Mayo/Mayo Roll, Cucumber Sticks, Yeo Valley Yoghurt & Fruit
Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Tuna, Sweetcorn & Mayo/Mayo	Jacket Potato with Homemade Crunchy Chicken	Jacket Potato with Cheese & Truffle Light Sauce
Yeo Valley Yoghurt or Fruit	Chocolate Cake & Buttercream Topping or Fruit	Mini Fappage & Orange Slice or Fruit	Chocolate Mousse or Fruit	Fruit Salad or Fruit

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Lunch Menu w/c 1st July '24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lancashire Hotpot, Creamy Mashed Potatoes & Beans	Savory Vegetable Rice, Mini Corns on the Cob & Crusty Bread	Roast Chicken, Baby Potatoes, Mixed Vegetables & GF Gravy	Cheese & Tomato Pizza, Potato Wedges & Summer Salad	Fish Star, Crispy Cube Potatoes, Peas & Sweetcorn
Vegetarian Sausage, Creamy Mashed Potatoes & Beans	Cheese Topped Stuffed Mushroom, Mini Corns on the Cob & Crusty Bread	Quorn Fillet, Baby Potatoes, Mixed Vegetables & GF Gravy	Vegetable Pizza, Potato Wedges & Summer Salad	Sweet Potato & Chicken Curry, Crispy Cube Potatoes, Peas & Sweetcorn
Cheese Sandwich, Cherry Tomatoes, Homemade Muffin & Fruit	Ham Sandwich, Cucumber Slices, Homemade Custard & Fruit	Chicken Sandwich, Crunchy Vegetable Sticks, Yeo Valley Yoghurt & an Apple	Cheese & Onion Bagel, Yeo Valley Yoghurt & Fruit	Pasta Salad Pot, Cherry Tomatoes, Yeo Valley Yoghurt & Fruit
Jacket Potato with Beans	Jacket Potato with Cowboy Chicken	Jacket Potato with Homemade Crunchy Chicken	Jacket Potato with Chicken, Sweetcorn & Mayo/Mayo	Jacket Potato with Cheese
Crunchy Fruit Yoghurt or Fruit	Mini Fappage & Orange Slice or Fruit	Fruit Salad or Fruit	Homemade Orange Slice or Fruit	Cookies or Fruit

Willowshay Foods Ltd
"Healthy School Meals. Children can't get enough of it!"

Lunch Menu w/c 8th July '24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FOOTBALL FRIDAY
Cowboy Chicken, Rice, Peas, Carrots & Sweetcorn	Ham Pasta Salad with Cucumber Slices & Crusty Bread	Roast Pork with Steamed Potatoes, Carrots, Green Beans & GF Gravy	Fish Cake, Creamy Mashed Potatoes, Peas & Ketchup	'Build a Burger' Beef Burger, Beef Brown & Summer Salad in a Roll with Ketchup
Cowboy Quorn, Rice, Peas, Carrots & Sweetcorn	Wholegrain Pasta Salad with Cucumber Slices & Crusty Bread	Cheese Vegetable & Potato Pie with Carrots, Green Beans & GF Gravy	Vegetable Fingers, Creamy Mashed Potatoes, Peas & Ketchup	'Build a Burger' Vegetarian Burger, Beef Brown & Summer Salad in a Roll with Ketchup
Cheese Sandwich, Cherry Tomatoes, Yeo Valley Yoghurt & Fappage	Ham Sandwich, Crunchy Vegetable Sticks, Yeo Valley Yoghurt & Fruit	Egg Mayo/Mayo Baguette, Vegetable Sticks, Muffin & Fruit	Tuna Mayo/Mayo Sandwich, Cherry Tomatoes, Shortbread & Fruit	Tuna Mayo/Mayo Sandwich, Cherry Tomatoes, Shortbread & Fruit
Jacket Potato with Beans	Jacket Potato with Chicken Curry	Jacket Potato with Cheese	Jacket Potato with Traditional Bolognese	Jacket Potato with Tuna Mayo
Fruity Jelly or Fruit	Banana Trifle or Fruit	Yeo Valley Yoghurt or Fruit	Honey Loaf or Fruit	Fruit Salad or Fruit

Willowshay Foods Ltd
"Healthy School Meals. Children can't get enough of it!"

Lunch Menu w/c 15th July '24 **School's out for Summer!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cowboy Chicken, Rice, Peas, Carrots & Sweetcorn	Ham Pasta Salad with Cucumber Slices & Crusty Bread	Roast Turkey with Steamed Potatoes, Carrots, Green Beans & GF Gravy	Chicken Nuggets, Crispy Cube Potatoes, Sweetcorn & Ketchup	Fish Steaks, Creamy Mashed Potatoes, Peas & Ketchup
Cowboy Quorn, Rice, Peas, Carrots & Sweetcorn	Wholegrain Pasta Salad with Cucumber Slices & Crusty Bread	Cheese Vegetable & Potato Pie with Carrots, Green Beans & GF Gravy	Cheese Topped Potato Steak, Sweetcorn & Ketchup	Vegetarian Fingers, Creamy Mashed Potatoes, Peas & Ketchup
Cheese Sandwich, Cherry Tomatoes, Yeo Valley Yoghurt & Fappage	Ham Sandwich, Crunchy Vegetable Sticks, Yeo Valley Yoghurt & Fruit	Egg Mayo/Mayo Baguette, Vegetable Sticks, Muffin & Fruit	Ham Wrap, Cherry Tomatoes, Yeo Valley Yoghurt & Fruit	Tuna Mayo/Mayo Sandwich, Cherry Tomatoes, Shortbread & Fruit
Jacket Potato with Beans	Jacket Potato with Chicken Curry	Jacket Potato with Cheese	Jacket Potato with Tuna Mayo/Mayo	Jacket Potato with Traditional Bolognese
Fruity Jelly or Fruit	Banana Trifle or Fruit	Yeo Valley Yoghurt or Fruit	Honey Loaf or Fruit	Cookies or Fruit

School Meals: Menus for term 6 are available to order via the Willoughby Foods Ltd website www.willoughby-foods.co.uk. Reception and KS1 parents/carers/guardians must order meals directly from Willoughby Foods Ltd to take up the Universal Infant Free School Meal (UIFSM) offer. Children entitled to Free School Meals (FSM) will be ordered an option 1 main meal and an option 1 pudding unless parents log on and amend. **The order deadline for ordering for term 6 week 1 is midnight on Tuesday 28th May 2024.** If you haven't ordered meals by this date, please remember to send your child with a packed lunch as the meals delivered to school are the number that are ordered, therefore there are no spare meals available. Menus are also available to view on the school website.



Free School Meals: To apply for Free School meals please see the 'about' page on our school website where you will find a link as well as a step by step guide to the application process.

Cool Milk: Our school milk scheme is administered by Cool Milk. To register your child for school milk, please visit <https://www.coolmilk.com/register>.

School Website: Our school website can be found at www.stbartholomews.lincs.sch.uk where you will find lots of information about the school, upcoming events, newsletters, learning links, school lunch menus.



St Bartholomew's School Facebook Page: Our school Facebook page is very popular! We have 234 likes and 302 followers. Please make sure you give us a like and a follow to keep up to date with news and activities in school.



Class X Pages: Please look at the school's 'X' and class pages on the school website (www.stbartholomews.lincs.sch.uk) which showcases the children's learning in and out of school, alternatively follow your class page via 'X'. Please feel free to leave a comment!



WillowClass@StBarts

MrsDavison@stbarts

MrsSzyd@stbarts

PalmClass@StBarts

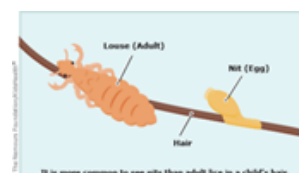
@ClassPalm

AppleClass@StBarts

Parent Mail App: The App is available for Android 4.4 devices and above and Apple iOS 8 and above devices. To download the App, simply visit the App store on your phone, and search "ParentMail". Please note, you must be registered to use the ParentMail App – you can register on a browser from the email or text registration invitation you have been sent. In order to download the PMX App you will need iOS 7.0 or higher.



Headlice: Please take this opportunity to check your child's hair for headlice and treat as necessary. A whole school 'attack' on this common nuisance can be very effective when carried out over a period of time when the school is closed. We rely on parents vigilance and their commitment to checking for and treating headlice in order for outbreaks in school to be reduced. Going forward, please help us to reduce outbreaks of this common nuisance in school.



**Children return to school on
Monday 3rd June 2024**

*Best wishes
Miss Sophie Ingle, Head Teacher*

What Parents & Educators Need to Know about SCHOOL AVOIDANCE

Emotionally Based School Avoidance is a term used to refer to reduced attendance or non-attendance at school by a child or young person. It's often rooted in emotional, mental health or wellbeing issues. The rate of children who miss school more than 10% of the time in England has more than doubled since before the pandemic: rising from 10.9% in 2018-19, to 22.3% in 2022-23.

UNDERSTANDING SCHOOL AVOIDANCE

REASONS FOR ABSENCE

School avoidance is sometimes underpinned by several factors rather than one single cause. This could include something going on for the child or young person within the family or at school. A child may have caring responsibilities at home, for instance, or a change in family dynamics; bullying and friendship difficulties at school; pressure to achieve in schoolwork and exams; or moving from primary school to secondary school.

PATTERNS OF ABSENCE

You may notice patterns in regular absences or children regularly expressing that they don't want to attend school (particularly being reluctant to leave home on school days). If a child or young person is neurodiverse, there is some evidence to suggest there are more aspects of school life which can cause distress – such as changes in the environment, changes of routine and sensory stimuli.

COMPLAINTS ABOUT PHYSICAL SYMPTOMS

There may be an increase in a child or young person's complaints about physical symptoms, particularly on school days or the evening before school. These could include complaining of a tummy ache, headache, or saying they feel ill when there doesn't appear to be a medical cause. Always check with the GP first to rule out medical causes or illness.

IMPACT OF SCHOOL AVOIDANCE

LEARNING AND DEVELOPMENT

School refusal can negatively impact a young person's learning and development. Attending school on a regular basis not only supports academic attainment but is also important for the development of key life skills and the growth of children and young people as citizens.

LONG-TERM OUTCOMES

The difficulties associated with school non-attendance can be far reaching and may have a negative impact on long-term outcomes. It may, for example, lead to reduced future aspirations, poor emotional regulation, mental health difficulties, limited academic progress and restricted employment opportunities.

CYCLE OF ABSENCE

Consistent absences may contribute to sustained school avoidance over time. Further to this, the longer a pupil is out of education, the more likely it is that there is a rise in their ongoing need to avoid the activity which is making them anxious – increasing their desire to stay at home.

Advice for Parents & Educators

WORK TOGETHER

If there's a concern about a child's absence and emotional wellbeing, it's important that there is clear communication and a consistent approach between the child's parents and the school, so you can take a child-centred approach together towards a plan of support or reintegration. This ensures a consistency of approach from both home and school, creating better outcomes for the child.

FOLLOW REGULAR ROUTINES

Children can benefit from a regular and consistent routine. This could be a morning routine, from waking up and having breakfast through to getting dressed, packing their bag and leaving the house. A consistent evening routine which is calm and limited time on screens can also give children much needed predictability and familiarity. Schools can help create a timetabled routine for the child's school day, if required.

MANAGING OVERWHELMING FEELINGS

While there may be times you feel frustrated or angry, try to stay calm; acknowledge the child's worries, listen and discuss a range of coping strategies together to help them face the discomfort and overwhelming feelings. These could include mindfulness, deep breathing or going for a walk and practice the strategies in less overwhelming situations first.

REDUCE STIMULATING ACTIVITIES AT HOME

If a child is avoiding school, reduce their access to more stimulating activities (such as watching television, playing games and spending time with friends) during school hours, where possible. This reduces the potential for the child having rewarding experiences at home, which could be interpreted as a positive aspect of avoiding school.

Meet Our Expert

With 30 years' experience as a teacher, trainer, consultant and interim executive board member, Anna Bateman has a superb understanding of what works in pedagogy, school improvement and leadership. She has also advised the Department for Education on their mental health green paper.






Source: See full reference list on guide page at nationalcollege.com/guides/school-avoidance

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Attendance: All schools are expected to keep their attendance over 96%. This term we have dropped to 95%. If you need any help with attendance, please come and speak to us as we will help in any way that we can. Dr Chris Whitty released this statement via the DfE: ***"It is usually appropriate for parents and carers to send their children to school with mild respiratory illnesses. This would include general cold symptoms: a minor cough, runny nose or sore throat. However, children should not be sent to school if they have a temperature of 38°C or above."***

MOMENTS
MATTER,
ATTENDANCE
COUNTS.

10 Top Tips for Parents and Educators

ENCOURAGING HEALTHY FRIENDSHIPS

Navigating the complexities of childhood and adolescent friendships can be challenging – but with the right guidance, children and young people can cultivate meaningful, supportive relationships, some of which may last for many years. These top tips provide a comprehensive approach to fostering healthy friendships among children and young people. It's important to remember, however, that each child is different, and will require an individual approach to relationship support.

1 GRANT FRIENDSHIP OPPORTUNITIES

Encouraging children and young people to join extracurricular activities can foster healthy friendships by providing shared interests and common ground. Engaging in these pastimes offers a platform for interaction, sometimes alleviating the social pressure of knowing what to say, and helps children develop meaningful connections.

2 LEAD BY EXAMPLE

The children and young people in our lives see how we behave, the connections that we've made and the interactions between us and others. When we model healthy friendships, we set an example and help youngsters to understand what healthy friendships looks like and how to navigate them.

3 HELP THEM LOVE THEMSELVES

Healthy friendships aren't just about dynamics with other people. They're about our relationship with ourselves. For overall wellbeing, it's important for a child to have the space to build their self-esteem and a positive self-image, as these factors can have a notable influence on the friendships they form throughout life.

4 MONITOR SCREEN TIME

Too much screen time can affect some children's wellbeing in general, but it can specifically impact friendships if it results in fewer positive social interactions. In some cases, reducing screen time and encouraging children and young people to find ways to interact face-to-face can have positive results. It's also important to remember that young people can make positive friendships online, but they will require support to do this safely.

5 TEACH PROBLEM-SOLVING

Inevitably, friendships can run into problems. However, this is also an opportunity to support children and young people to work through any difficulties that may arise. It can be tempting to intervene and try to fix these issues for those involved, but helping them consider ways of resolving conflict or managing difficult situations for themselves can help them create stronger friendships.

6 EMPOWER THE CHILD

When we give children and young people the confidence to choose their friends, navigate interpersonal boundaries and consider how they want to interact with the different people around them, we empower them to take control of the friendships they have. When young people feel in control of these things, they're more likely to make positive choices and remain aware of the signs of a negative relationship.

7 TEACH EMPATHY

'Healthy friendships' doesn't always mean 'perfect.' Sometimes, disagreements can happen. When we teach children and young people to have empathy, we help them to see both sides of a relationship; to be mindful of the challenges a friend might be facing or whatever else might be going on. This can help children and young people to build stronger friendships.

8 BE OPEN TO QUESTIONS

Talking to young people about their friendships, who they spend time with and who they interact with can open the door to questions if they have concerns. Initially, these queries may be straightforward, but if we are receptive to discussion from the outset, young people are more likely to come to us for help when they are older as well.

9 UNDERSTAND BOUNDARIES

One of the keys to a healthy friendship is honouring boundaries. This can include anything from respecting personal space and belongings to acceptable language and behaviour. Understanding the importance of setting these limits and upholding those set by others can help children stay safe. If young people figure out their boundaries and feel comfortable enforcing them, they're more likely to call someone out if they go too far.

10 SPOT THE SIGNS

We can't always supervise young people: sometimes, we need to step back and give them some space. However, it's important to consider any indicators that they may be struggling in their friendships. Are they becoming increasingly irritable? Does their behaviour alter when they've been with their friends? Are they becoming withdrawn or reluctant to take part in certain activities? These could all be signs that they're finding things difficult, and we should remain alert to such changes.

Meet Our Expert

Becky Dawson is an experienced educator who has worked in primary and secondary schools for 20 years. She is a facilitator, consultant and coach working with young people and the adults who work with them, with a focus on developing understanding and skills around mental health, wellbeing and safeguarding.



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