



St Bartholomew's CE Primary School



"Let your light shine"

News in school 28.6.24

Dear Parents, Carers and Guardians,

What a splendid start to the week we had! Our fantastic Sports Day took place on Monday, June 24th. All of the children showcased their athletic prowess in various events, while parents and grandparents cheered them on. The day began at 1.30pm with high spirits and friendly competition. Races ranged from the egg and spoon to the fun runs where Reception did a fantastic job of dressing up the Year 6's. Congratulations to all of our children who showed resilience and determination. The sun was shining, and the energy was contagious! We appreciate everyone who joined us and made this day memorable. Well done to the Falcons Team who won the Sports Day overall with a huge 204 points!

As we draw closer to the end of term and bid farewell to this academic year, some of our Year 6 students had their Transition Days today. They visited their new secondary schools, met teachers, and explored exciting opportunities awaiting them. We wish them all the best on their next adventure!

Kind regards
Mrs Davison



Willow & Oak End of Year Performance

This year Willow & Oak's End of Year performance will be 'Joseph and the Amazing Technicolour Dreamcoat' which will take place at 6pm on Wednesday 10th and Thursday 11th July in the school hall. In order to give the children time to get into character, they are required to return to school at **5pm via the brown door**.

For health & safety reasons, we are limited to the number of seats we can offer, therefore we are offering a maximum of **4 tickets per family over the 2 performances**. (eg: **2 tickets Wednesday and 2 tickets Thursday or 3 tickets Wednesday and 1 ticket Thursday**). Tickets are **£3.00 per ticket**, which includes an ice cream during a short interval, and can be purchased via ParentMail (Payments, Shop).

School worship

Dear Jesus, hear my prayer. Bless my parents, teachers, and all those who love and care for me. Bless me, also, and protect me from danger. Give me strength to be truthful, honest, kind, and helpful to others. Amen.

Bible verse of the week

"Remembering the words the Lord Jesus himself said: 'It is more blessed to give than to receive.'" Acts 20:35b

Celebrated this week in Collective Worship

w/e 28.6.2024	Fantastic award	Excellence award
Apple Class	Oscar	Finley
Palm Class	Megan	Allie, Rosie and Alfie
Oak Class	Lyla	Arlya
Willow Class	Yadhavi	Gracie

Attendance winner of the week

Oak Class are the attendance winners of the week and have won a trip to the park with Gerald during playtime one day next week.

Church News

Thirsty on a Thursday: The Church is open every Thursday between 9.30—11am for you to drop in any time for tea/coffee and a chat.

Dates for Your Diary

Date	Time	Event
1-3 rd July		Year 6 Residential - Castleton
3 rd July	1-3pm	New Intake Meet & Greet afternoon
10 th & 11 th July	6pm	Willow and Oak Performance
10 th July	time tbc	New Intake Taster Afternoon
12 th July	9am	End of Year Awards Assembly
15 th July	1.15-2.30pm	Whole School Transition Afternoon
16 th July	9-4.30pm	Whole School Trip to Lincoln Cathedral
17 th July	time tbc	PTFA Year 6 Leavers' BBQ/Whole School Disco
19 th July	9.15am	Leavers' Assembly
19 th July		End of Term 6
4 th Sept 2024		Term 1 Begins
18 th Oct 2024		Term 1 Ends
29 th Oct 2024		Term 2 Begins
19 th Dec 2024		Term 2 Ends
6 th Jan 2024		Term 3 Begins
14 th Feb 2024		Term 3 Ends
24 th Feb 2025		Term 4 Begins
4 th April 2025		Term 4 Ends
23 rd April 2025		Term 5 Begins
23 rd May 2025		Term 5 Ends
2 nd June 2025		Term 6 Begins
22 nd July 2025		Term 6 Ends

All calendar dates/events can be found on our school website by clicking on the 'calendar' tab.
If you wish to add an event to your own calendar, you can do so by clicking on the link and pressing the 'add to calendar' button.

Any Other Information/Reminders

PE Timetable Term 6:

	Outdoor PE	Swimming
Apple	Wednesday	Monday
Palm	Tuesday	Friday
Oak	Monday	Thursday
Willow	Friday	Tuesday

Attendance

All schools are expected to keep their attendance over 96%. Our Year to Date attendance has dropped to 94.9%. If you need any help with attendance, please come and speak to us as we will help in any way that we can. Dr Chris Whitty released this statement via the DfE: *"It is usually appropriate for parents and carers to send their children to school with mild respiratory illnesses. This would include general cold symptoms: a minor cough, runny nose or sore throat. However, children should not be sent to school if they have a temperature of 38°C or above."*

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**

Book Wish List

We are constantly trying to update our school Library so the child have the opportunity to read new and exciting books. With this in mind, Mrs Szydowski has sourced a 'Book Wish List'. It has been created by our local book shop 'Bookmark' in Spalding. They have been extremely kind and made an area on their website where you can click on a book and purchase it online and have also offered us a discount. We felt it was not only important to purchase new books for our children but also support a local small business. When a few books have been



purchased they will then contact Mrs Szydowski to go and collect them. If you feel you would like to purchase a book for our Library, or know someone that would like to, then please follow this link:

<https://uk.bookshop.org/lists/st-bartholomew-s-ce-primary-school-wishlist?>

Bookmark have informed us that if you select a book from our list on their website and buy via the website then a delivery cost will be added. If you see a book you would like to purchase please email them directly or call the shop. They will then have the books delivered to the shop for free and it will be collected from them.

Working Party Due to the current economic climate, we are looking for ways to cut down on costs over the year. We currently spend a reasonable amount of money each month for the upkeep of the school playing fields and hedges. We are looking to source our own ride on lawn mower for our wonderful caretaker to use for the grassed areas. In addition, we wondered if anyone would be prepared to join a working party 3 times a year to cut the hedges. If you think that you could help with this, please email the office and let them know. Every little helps! Thank you!

School Mobile Phone

We now have a school mobile for afterschool care. The number is: **07396725986** It will be turned off during the school day. It will only be available for parents who have children attending afterschool care during afterschool care hours. **PLEASE CONTACT THE SCHOOL OFFICE FIRST IN ALL CIRCUMSTANCES.**

After School Kids Club

Please be aware that if parents/carers/guardians are more than 10 minutes late collecting from after school clubs at 4pm there will be a charge of a full hour, per child, childcare cost.

Pencil Cases

Please remember to ask your child regularly if they require anything replenishing.

Severe Weather/Snow Closure

In the event of severe weather, we will always strive to ensure that the school remains open, but in the event that extreme weather conditions necessitate the closure of the school we will advise you of this in a number of ways. We will notify parents via email via Parentmail, update the school website and advise Lincs FM and BBC Lincolnshire radio stations so listen out to their broadcasts or log onto their websites. We will also post a message on the school's Facebook and 'X' pages.

School Opening

Our school office is open from 8.30am to 3.15pm, Monday to Friday. If you wish to contact the school out of these hours, please call 01775 640357 and leave a message on our answerphone or alternatively email enquiries@stbartholomews.lincs.sch.uk.

PTFA Easy Fundraising is a great source of funds for the school which could raise £££s for the PTFA.

A range of retailers, holiday companies, Ebay, Tesco and many more donate a percentage of money spent when parents / carers / guardians spend money. It costs the consumer absolutely nothing at all.

Parents/carers/guardians need to click on the easy fundraising link:

<https://www.easyfundraising.org.uk/panel/>

- Register an email and password
- Nominate your cause
- Download a reminder tool to browser so when purchases are made through a partner a reminder is sent.

Make the purchase and a percentage goes to St Barts!

£74.28 raised in the last quarter

Term Dates 2024-25

Term 1: 4th Sept—18th Oct 2024

Term 2: 29th Oct—19th Dec 2024

Term 3: 6th Jan—14th Feb 2025

Term 4: 24th Feb—4th April 2025

Term 5: 23rd April—23rd May 2025

Term 6: 2nd June—22nd July 2025

Willowslaby Foods Ltd Lunch Menu w/c 1st July '24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lancashire Hotpot, Creamy Mashed Potatoes & Beans	Vegetarian Risotto, Mass Cheese on the Job & Crusty Bread	Meat Chunks, Baby Potatoes, Mass Vegetables & GF Gravy	Chicken & Tomato Pasta, Potato Wedges & Summer Salad	Pork Pie, Crispy Fries, Potatoes, Peas & Sweetcorn & Jacket or Buns
Vegetarian Stew, Creamy Mashed Potatoes & Beans	Cheese Filled Stuffed Mushrooms, Mass Cheese on the Job & Crusty Bread	Beef Pie, Baby Potatoes, Mass Vegetables & GF Gravy	Vegetarian Pasta, Potato Wedges & Summer Salad	Steak Potatoes & Potatoes, Crispy Fries, Potatoes, Peas & Sweetcorn
Cheese Sandwich, Cherry Tomatoes, Homemade Muffins & Fruit	Beef Sandwich, Cucumber Slices, Homemade Chicken & Fruit	Cheese Sandwich, Crispy Vegetable Sticks, New Valley Yoghurt & an Apple	Cheese Cheese & Cucumber Bites, New Valley Yoghurt & Fruit	Pasta Salad, Potatoes, Crispy Fries, Potatoes, Peas & Sweetcorn
Baked Potatoes with Beans	Jacket Potatoes with Baking Chicken	Chicken Potatoes with Homemade Crispy Chicken	Jacket Potatoes with Chicken, Sweetcorn & Mayonnaise	Jacket Potatoes with Beans
Crispy Fruit, Yoghurt or Fruit	Mass Flapjack & Orange Slice or Fruit	Fruit Salad or Fruit	Honeycomb Orange, Orange Slice or Fruit	Steak or Fruit

Willowslaby Foods Ltd Lunch Menu w/c 15th July '24

School's out for Summer!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cowboy Chicken, Rice, Peas, Carrots & Sweetcorn	Ram Pasta Salad with Cucumber Slices & Crusty Bread	Roast Turkey with Steamed Potatoes, Carrots, Green Beans & GF Gravy	Cheese Nuggets, Crispy Potato Potatoes, Sweetcorn & Ketchup	Fish Mince, Crispy Mashed Potatoes, Peas & Ketchup
Cowboy Boorn, Rice, Peas, Carrots & Sweetcorn	Wholegrain Pasta Salad with Cucumber Slices & Crusty Bread	Cheese Vegetable & Potato Pie with Carrots, Green Beans & GF Gravy	Cheese Dipped Potato Bites, Sweetcorn & Ketchup	Vegetarian Fingers, Crispy Mashed Potatoes, Peas & Ketchup
Cheese Sandwich, Cherry Tomatoes, New Valley Yoghurt & Flapjack	Ram Sandwich, Crispy Vegetable Sticks, New Valley Yoghurt & Fruit	Egg Mayonnaise Eggrolls, Vegetable Sticks, Muffins & Fruit	Ram Wraps, Cherry Tomatoes, New Valley Yoghurt & Fruit	Tuna Mayonnaise Sandwich, Cherry Tomatoes, Sweetcorn & Fruit
Jacket Potato with Beans	Jacket Potato with Chicken Curry	Jacket Potato with Cheese	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Traditional Bolognese
Fruity Jelly or Fruit	Banana Trifle or Fruit	New Valley Yoghurt or Fruit	Honey Leaf or Fruit	Steak or Fruit

Willowslaby Foods Ltd Lunch Menu w/c 8th July '24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FOOTBALL FRIDAY
Cowboy Chicken, Rice, Peas, Carrots & Sweetcorn	Ram Pasta Salad with Cucumber Slices & Crusty Bread	Roast Pork with Steamed Potatoes, Carrots, Green Beans & GF Gravy	Fish Cake, Creamy Mashed Potatoes, Peas & Ketchup	Beef & Burger, Beef Burger, Beef Brown & Summer Salad or a Beef with Ketchup
Cowboy Boorn, Rice, Peas, Carrots & Sweetcorn	Wholegrain Pasta Salad with Cucumber Slices & Crusty Bread	Cheese Vegetable & Potato Pie with Carrots, Green Beans & GF Gravy	Vegetarian Fingers, Creamy Mashed Potatoes, Peas & Ketchup	Beef & Burger, Vegetarian Burger, Beef Brown & Summer Salad or a Beef with Ketchup
Cheese Sandwich, Cherry Tomatoes, New Valley Yoghurt & Flapjack	Ram Sandwich, Crispy Vegetable Sticks, New Valley Yoghurt & Fruit	Egg Mayonnaise Eggrolls, Vegetable Sticks, Muffins & Fruit	Tuna Mayonnaise Sandwich, Cherry Tomatoes, Shortbread & Fruit	Jacket Potatoes with Tuna Mayonnaise
Jacket Potato with Beans	Jacket Potato with Chicken Curry	Jacket Potato with Cheese	Jacket Potato with Traditional Bolognese	Jacket Potatoes with Tuna Mayonnaise
Fruity Jelly or Fruit	Banana Trifle or Fruit	New Valley Yoghurt or Fruit	Honey Leaf or Fruit	Beef or Fruit

What Parents & Educators Need to Know about GAMBLING

WHAT ARE THE RISKS?

Gambling can be defined as betting or risking money or something of value on the outcome of a situation involving chance. Under current regulations, gambling is legal for adults in the UK. Its potential impacts on the wellbeing of individuals, families and communities are well documented – emphasising the importance of safeguarding children and young people against these hazards.

MANIPULATIVE ADVERTISING

Adverts for online bookmakers and betting exchanges can raise concerns about targeting vulnerable groups, fostering addiction, promoting misleading expectations, impacting mental health, affecting social norms, posing regulatory challenges, influencing minors and other ethical issues. Effective regulation, responsible advertising practices and public education are essential to mitigate these concerns and address the potential harms associated with excessive exposure to manipulative advertisements.

FREE BET!!

ADDICTIVE FEATURES

All gambling products carry safety concerns, but some can be even riskier and more addictive. The frequency with which people can place bets can encourage them to do so often – with rapid spins and multiple betting options, for example. Betting on sports events, especially with live in-play betting options, can be highly engaging and habit forming. The 24/7 availability of online platforms can also increase the risk of excessive gambling, particularly among young people.

PEER PRESSURE

Exposure to gambling through friends, influencers or social circles can normalise risky behaviour and create unrealistic expectations about the chances of winning. Addressing peer influence requires support services, responsible advertising practices and effective education on the subject to minimise the impact on children and promote healthier choices.

IMPACT ON MENTAL HEALTH

Gambling can exacerbate mental health issues such as anxiety, depression, and stress – especially if it leads to financial loss. Individuals with existing mental health conditions may use gambling as a coping mechanism – but the cycle of gambling can worsen their symptoms, creating a detrimental impact on overall wellbeing. Integrated support services and treatment options are crucial to address these interconnected challenges effectively.

GATEWAY BEHAVIOURS

Certain features of other products – such as video games that offer in-game purchases – can lead to gambling among young people. These mechanisms can sometimes be designed to exploit psychological vulnerabilities, encouraging repeated spending to acquire virtual items or advantages. Such practices can normalise the associated risks and desensitise young people to putting their or their family's money in danger.

FINANCIAL DIFFICULTIES

The most common impacts of online betting come in the form of financial losses and debt. This, in turn, can lead to distorted perceptions of money, deterioration of relationships, social isolation, and poor academic and career outcomes. Regular gambling can even exacerbate other risky behaviour by making it seem less significant – potentially leading to a cascade of health impacts and financial loss.

Advice for Parents & Educators

ENCOURAGE OPEN DISCUSSIONS

Sporting events can be a good opening for conversations about gambling, as some sponsorships may reference and even glamourise it. Talk to children about how these promotions make them feel and encourage frequent conversations about any concerns they may have. Adverts, influencers and online platforms may also feature gambling products. As a child grows, it's important to encourage their critical thinking skills to help them avoid being manipulated by this type of marketing.

KNOW THE WARNING SIGNS

Parents and educators should be vigilant for signs of gambling harm among young people. Look for changes in their behaviour such as increased secrecy, unexplained money issues, mood swings or withdrawal from their usual activities. Open conversations about gambling risks and maintain a supportive, non-judgemental environment. Try to familiarise yourself with resources and helplines for assistance and guidance.

MONITOR SPENDING

In-game purchases can be appealing to children, allowing them to unlock new features or cosmetic items in a fraction of the time it would take to win them by playing. Talk to children about how they spend money online; an interest in what video games they play can encourage the conversation. Consider setting up restrictions on their devices, requiring their parent or carer's permission before making any purchases. Talk about finances regularly and openly.

GET FURTHER SUPPORT

Support and treatment for young people is available via the Young People's Support Service at GamCare, who can be contacted at 0808 8020 133. A link to their website has also been included in the sources of this guide, along with links to several other support networks. Your GP and local NHS gambling clinic are also available if you require additional advice. Don't hesitate to reach out for help if you're concerned about a child's gambling behaviour or their financial situation.

Meet Our Expert

Ygam's mission is to prevent children and young people from experiencing gaming and gambling harms through awareness raising, education, and research. The charity was established in 2014 as a result of the lived experience of their founders.



The National College

Source: See full reference list on guide page at <https://nationalcollege.com/guides/gambling>



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10 Top Tips for Parents and Educators

PROMOTING PHYSICAL WELLBEING

Physical activity isn't only beneficial for our bodies; it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercise which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

1 MAKE IT FUN

Incorporate activities that children enjoy, such as playing games or dancing. Encourage participation in team sports or group activities to foster social connections and a sense of belonging.

2 MIX MOVEMENT WITH LEARNING

Educational settings can incorporate movement breaks and physical activities to enhance focus, concentration and cognitive function. Embedding exercise into the curriculum can also reinforce learning and stimulate creativity. 'Revision walks' with podcasts and flashcards can benefit older learners.

3 CREATE OPPORTUNITIES

Provide clear chances for physical activity throughout the day, both indoors and outdoors. Schools can encourage active play during breaks and at lunchtimes, while limiting screen time at home can help keep children up and about.

4 PROVIDE POSITIVE REINFORCEMENT

Praise and encourage children for their efforts and achievements in physical activity. Recognise their progress and celebrate their successes to reinforce positive behaviours. Educators could do this in several ways, such as applauding their efforts at assemblies or celebrating their accomplishments in newsletters.

5 VARIETY IS KEY

Introduce a selection of physical activities to keep children engaged and prevent boredom. From swimming and cycling to yoga and martial arts, trying different types of exercise can help children to discover what they enjoy most.

6 ENJOYMENT OVER COMPETITION

Encourage children to focus on the enjoyment of physical activity rather than winning or achieving perfection. Emphasise effort, improvement and having fun rather than outcomes, to minimise the amount of stress that children can sometimes associate with sports and other competitions.

7 SET REALISTIC GOALS

Help children set achievable physical activity targets based on their interests, abilities and preferences. Celebrate their progress and successes to maintain motivation and enthusiasm.

8 MAKE IT ACCESSIBLE

Ensure that children have access to safe, suitable spaces for exercise at home, at school and in the community. Advocate for inclusive environments which accommodate diverse needs and abilities. Be a change maker in your community if facilities aren't already available.

9 LEAD BY EXAMPLE

Parents and carers can be positive role models by prioritising their own exercise and involving children in their fitness routines. Gentle walks, bike rides or sports activities can be wonderful opportunities for bonding and staying active together.

10 ENCOURAGE PERSISTENCE

Help children develop resilience and perseverance by encouraging them to overcome challenges and setbacks in physical activity. Teach them the importance of perseverance and the value of effort in achieving their goals.

Meet Our Expert

Adam Gillett is a learning and development specialist who, as well as working for Minds Ahead, is associate vice principal for personal development at a large secondary school in Barnsley. He was asked to be part of an expert research group for the Department for Education, one of only three school leaders to be asked to do so.



#WakeUpWednesday

The National College

WHACKY WATER WEEK

@ Monkshouse Primary School
Pennygate, Spalding PE11 1LG

£20
per day

Add
£4.50
for extra-time
per day

Bring your
own water
pistol!

9am till 3pm
Extra-time = 3 till 4pm

Wednesday 24th -
Friday 26th July



FOR INFO, PLEASE CONTACT: info@elitesportsacademy.co.uk



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ELITE SPORTS ACADEMY PRESENTS

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MONDAY 29TH JULY - FRIDAY 2ND AUGUST

MONDAY 5TH AUGUST - FRIDAY 9TH AUGUST

MONDAY 19TH AUGUST - FRIDAY 23RD AUGUST

@ WYGATE PARK ACADEMY

**WITHAM RD,
SPALDING PE11 3WT**

9AM TILL 3PM - £20 PER DAY
FOR EXTRA TIME (3 TILL 4PM)
ADD £4.50 PER DAY

AGES 4 - 11

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AND A DRINK**



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