

# A warm welcome to our Summer Newsletter



## Our Services

- Providing refuge across South Lincolnshire for victims and their children fleeing domestic abuse
- Preventing future domestic abuse in the next generation through our work in schools, sixth forms and colleges
- One to one direct support through our rural community hubs in Holbeach, Spalding, Boston, Long Sutton, Sutton Bridge and the surrounding villages
- Delivering recovery courses – helping victims understand the effects of domestic abuse and feel empowered to move on
- Offering extended support through the Moving On Together programme for survivors in the local community

## Our Annual General Meeting

Haven Domestic Abuse Service's Annual General Meeting will take place on Wednesday 1<sup>st</sup> October 2025.

We have an exciting guest speaker arranged!

If you are interested in attending, please email [stacey@havendas.org.uk](mailto:stacey@havendas.org.uk) to request details.



## How can you help?

Every day, we support those escaping domestic abuse—helping them find safety, rebuild their lives, and begin to heal.

You can help keep families safe by giving a small donation each month.

It might not seem like much—but to the people we support, it means the world.

❖ Just £5 a month helps us provide essentials like toiletries, nappies, and food for families arriving at our refuge with nothing.

❖ Just £10 a month means we can offer counselling and emotional support to a woman who feels lost, afraid, and alone.

When you join our membership scheme, you're giving more than just money.

You're giving time, hope, safety, and strength.

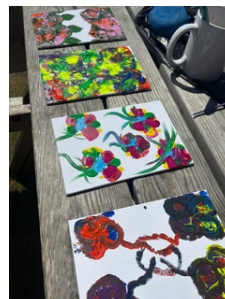
You're showing someone that they matter.

☞ Become a member today:

<https://havendomesicabuseservice.enthouse.com/profile>

Alternatively, you may wish to set up a standing order, for more details please email [chloew@havendas.org.uk](mailto:chloew@havendas.org.uk).

Thank you for standing with us—and with those in need ❤️



## PAACE Toolkit Course in Refuge

July sees the exciting start of our PAACE Toolkit Course Delivery in the refuge. All residents will be invited to attend this fantastic 10 week course, delivered by our experienced domestic abuse specialists.

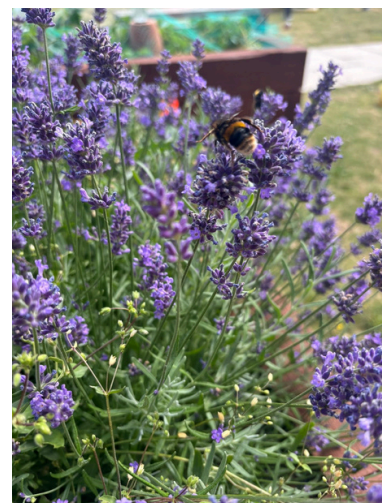
The programme is proven to assist meaningful change in both adults and children and young people who have experienced childhood trauma:

Addressing adverse childhood experiences.

Enhancing emotional resilience

Improving long-term outcomes – thereby reducing participants' reliance on overburdened statutory services.

It also helps participants identify practical strategies which will support them to thrive in their daily lives.





thank you  
so much!

We would like to say a huge thank you to the team at B&Q Boston for planning and delivering these amazing DIY sessions for our survivors, currently living in refuge, to attend.

During the sessions the team have educated us on drilling, hanging pictures, curtain poles, building flatpacks, changing lightbulbs and so much more. These sessions will be so beneficial to our families, who will eventually move into their own homes.

Thank you so much for your time and efforts, we are truly grateful to you for being part of our families recovery journey. 🙏

Thank you to our local community!



We would like to say a huge thank you to Cash For Kids for awarding us an amazing grant of £1530.00 to support children living in the refuge this summer holidays. We are delighted that you have chosen to continue supporting children who are most in need this summer. Thank you!

We are pleased to announce that we have received an amazing grant of £3000 from The Bishop of Lincoln's Social Justice Fund, towards the furnishing of our new dispersed refuge. This will make such a huge difference to the families who seek our refuge accommodation.



We will be holding a stall at Boston's Ingelow Party On The Park

SATURDAY 19<sup>TH</sup> JULY  
12PM ONWARDS

A fantastic event - everyone welcome!



### Veterans Day

A great day was had alongside our partner organisations at the Lincolnshire Veteran Day. It was great to meet new people and raise awareness about the local support services we offer to victims of domestic abuse and their families.



Beautiful display all set up for Frampton Flower Festival, all of the artwork was created by our families.

## Welcoming Oreo and Domino

A huge welcome to our newest furry friends at the Refuge - Oreo and Domino.

Having pets at the refuge help the children feel comforted, reduce anxiety, and provide a sense of safety, stability, and unconditional companionship during a difficult time.

Our little bunnies are certainly bringing lots of smiles to the children's faces!



## Tesco Stronger Starts

★ Do you shop in Tesco - Boston? ★

If so, we are pleased to announce that the Tesco Stronger Starts bidding begins tomorrow - 1st July. To vote for our charity, all you need to do is collect a small blue token at the checkout and pop it in the voting box. With your help, we could receive up to £1500 to support children who have suffered from domestic abuse!

# Stronger Starts

Get in touch, we would love to hear from you

If you would like to contact us about anything you have read today or to have a chat about our charity and the work we do, please call 01205 311272 or email [info@havendas.org.uk](mailto:info@havendas.org.uk)

You can also visit our website at [www.havendas.org.uk](http://www.havendas.org.uk)

If you would like to donate to our charity, please scan the QR Code.



Scan. Pay. Go.