

Autumn 2025 Newsletter



Our Services

- Providing 17 units of safe refuge accommodation across South Lincolnshire for victims and their children, fleeing domestic abuse
- Preventing future domestic abuse in the next generation through our work in schools
- One to one direct support through our Rural Community Hubs
- Delivery of Domestic Abuse Recovery Courses - helping Victims understand the effects of domestic abuse and feel empowered to move on
- Offering extended support through our Move On programme for survivors in the local community

Our Rural Community Hubs

Do you need advice and support around domestic abuse?

Spalding - Tuesday - 10am-2pm
Holbeach - Thursday 10am-12pm
Boston - Wednesday 10am-2pm
Sutton Bridge - Thursday 10am-12pm
Long Sutton - Thursday 12pm-2pm

Translation and Interpretation available throughout all of our Hubs.
For further information or to book a face to face or telephone appointment
Call us on 01205 311272
Or email us at info@havendas.org.uk

Our Annual General Meeting

Our 2025 AGM was inspiring. Thank you to everyone for your incredible support and to our brave guest speakers for sharing their stories. Your strength reminds us why our work matters.

We're proud to keep making a difference together, with the support of you all.



Our Refuge Accommodation

For almost 40 years, we've supported survivors of domestic abuse with compassion, understanding and expertise and we are passionate about continuing to do so.

-  We offer safe accommodation and support through:
- 12 units of shared refuge accommodation
 - 3 dispersed properties - including for male victims
 - 2 move-on properties to support long-term recovery

We're also here for those with complex needs such as mental health, substance use, disability and more.

Unlike many time-limited services, our support lasts as long as it's needed - from crisis to a confident new start.



Dates for the diary

11th October-31st October

BELLS PUMPKIN PATCH

We are delighted to be the chosen charity this year for Bells Pumpkin Patch - The East of England's largest pumpkin patch! Our team will be at the patch occasionally throughout the event. Don't miss out on getting your tickets - bells pumpkin patch.com

Tuesday 25th November

16 DAYS OF ACTION SOCIAL MEDIA CAMPAIGN

During the 16 Days of Action we will be raising awareness about domestic abuse and providing information about where support can be found. Keep an eye on our pages for more information!

Thursday 27th November

DOMESTIC ABUSE AWARENESS EVENT FOR PROFESSIONALS

Breaking the Silence

A Community Dialogue on Domestic Abuse

1 in 4 women and 1 in 6 men experience domestic abuse in their lifetime.

Join  and local community partners

At The Holbeach Hub
Boston Road
South Holbeach,
PE12 7LR

Thursday 27th
November
10am-3pm

Bringing together professionals and organisations to share information, strengthen partnerships, and raise awareness around domestic abuse.

Opportunities for networking and open discussion

For enquiries please contact:
Boxes of Hope
01406 420261

Scan to book your ticket or register for a stall

Confidential one-to-one support will be available throughout the day for anyone seeking guidance or support around relationships or domestic abuse. You're not alone, we're here to listen.



CHRISTMAS JUMPER DAY
Thursday 11th December

Please see information on next page.

How can you help?

As the run up to Christmas begins we are reaching out to our supporters... *Can you help us create a happy Christmas?*

Imagine moving away from your friends and family at a moments notice and not knowing a soul. Christmas can be a difficult time for those living in refuge and we want to make this year as magical as possible for our families!

We do accept preloved items throughout the year but we are appealing for new and unused gifts and decorations for adults and children or vouchers so that we can make it special by choosing gifts that we know they will love!

Here is our wishlist: [Amazon Wishlist](#)

- Christmas decorations
- Childrens gifts ages 0-18 years
- Adults gifts
- Childrens and Adults pyjamas, slippers and dressing gowns
- Sweet treats
- Craft packs and activities
- Supermarket vouchers



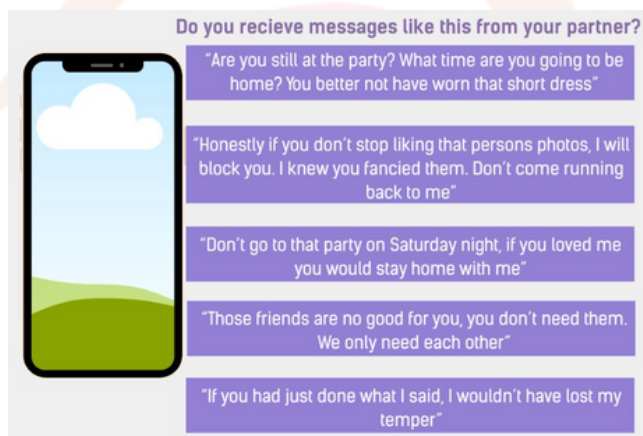
You can also support our charity this Christmas by taking part in our Christmas Jumper Day.

If you are a local school or business cto get involved - please contact chloew@havendas.org.uk to find out more!

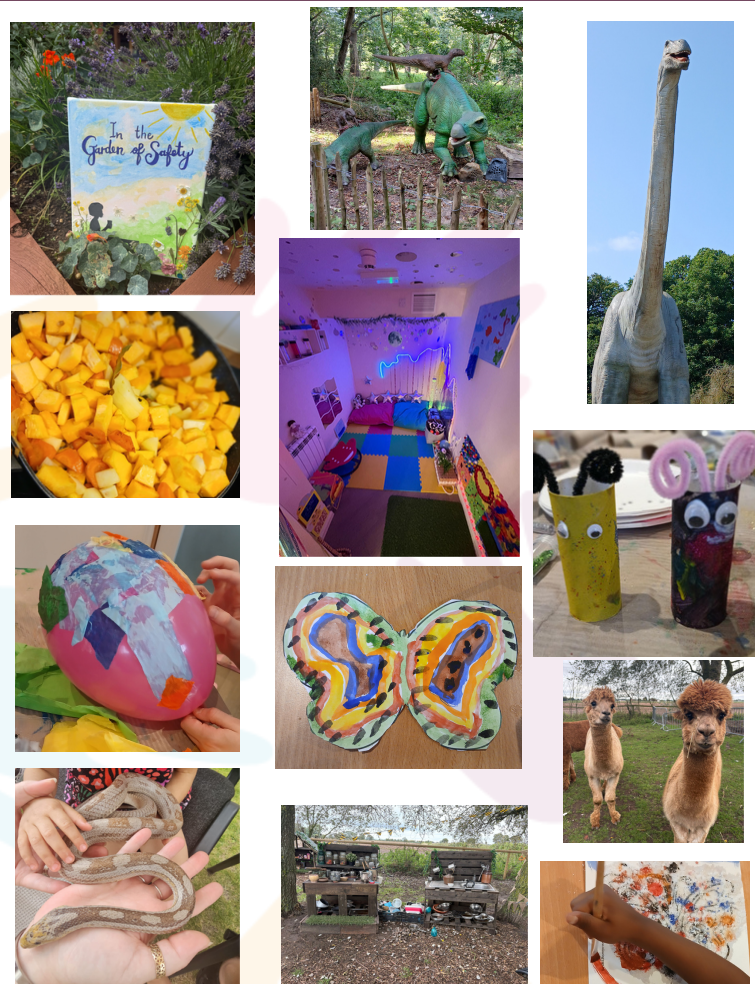
Its as simple as wearing a Christmas Jumper and donating £1!

Teenage Relationship Abuse?

Research shows that 1 in 3 teenagers in a relationship will experience some form of abuse whether it be emotional, physical, sexual or online. We put together some questions for young people to take a look at their own relationships. If you are worried about yourself or someone else, please reach out.



Activities in the refuge



A huge thank you to our current funders...



Get in touch, we would love to hear from you

If you would like to contact us about anything you have read today or to have a chat about our charity and the work we do, please call 01205 311272 or email info@havendas.org.uk

You can also visit our website at www.havendas.org.uk
If you would like to donate to our charity, please scan the QR Code.



Scan. Pay. Go.