



St Bartholomew's CE Primary School



“Let your light shine”

News in school 10.10.25

Dear Parents, Carers and Guardians,

School Council

The children have been voting for the school council members and the following children received the highest number of votes and will represent their year groups on the School Council Team:

Reception: Bella

Year 2: Finley

Year 4: Clara

Year 6: Pippa

Year 1: Harriet

Year 3: Oscar

Year 5: Evelyn

School Council Lead: Ruby



Brazilian Dance Workshop

On **Tuesday** (14th October), all classes will be taking part in a Brazilian Dance Workshop! It should be a fantastic experience for the children, and we are all really looking forward to the dancers coming in. **Please can all children wear their PE kit to school.** They will stay in it all day. Thank you to those parents who have already made their voluntary contribution, however if you haven't done so already, please make payment via ParentMail.

Family Collective Worship

Reminder: Family Collective Worship will not take place on Friday 17th October due to the Harvest Festival Service rehearsal taking place that afternoon.

Harvest Festival

Our Harvest Festival Service will take place at the church on Thursday 23rd October at 2:30pm. Children will have all their belongings with them so they will be dismissed from the village hall straight after the service. They are working so hard on all their songs and words. It would be lovely to see as many people there as possible. Please don't forget to send any donations of tin/packet foods/toiletries that you can by Wednesday 22nd October, so that they can be delivered to Agape Foodbank. If you have booked your child into afterschool club on this date and will no longer need this care, please contact the school office.

Children In Need 2025

On Friday 14th November 2025 we will be holding a non-uniform day in order to support Children in Need. Children can come dressed in non-uniform and bring in a £1 cash donation for charity.

Children In Need 2025 Merchandise – NEW ITEMS

Miss Cannon and the School Council Team will be selling pens and badges for £1 each with all funds raised going to Children in Need. If your child would like to purchase an item, the merchandise is available to buy from Dahl Class from 8:35am each morning and at playtime/lunchtime.



Library Bus

Thank you to all who have offered to support us with our library bus. We are really keen to get things moving so that we can open its doors to the community as soon as possible. If you think you could help in any way, please do let us know – the more the merrier!

IXL

Next Friday, your child will come home with an IXL login. This is now going to be used during lessons and as homework to target areas for further development for each child in maths and English. Each child will have a learning pathway bespoke to them. The more your child uses IXL the more proficient they will become, and the app continually adapts to your child's strengths and weaknesses.

Although IXL will give each child two new learning challenges a day, we are asking that all children access their pathway **at least three times a week**. If they would like to do more that is great! On a Friday, teachers will be able to run a report to see who is engaging with their learning at home and who may need a little more support and encouragement. IXL can be accessed on a phone, tablet or computer. Please read through, and complete, the homework home/school agreement with your child, which can be found in the Forms section of ParentMail.

Homework can provide primary school children with academic benefits, such as reinforcing classroom learning and improving memory, and non-academic advantages like developing essential life skills such as time management, responsibility, and independent learning. We hope that you will support us as we bring in this new homework and encourage your children to engage with IXL **at least three times a week**.

We hope that you have a wonderful weekend and look forward to seeing you again on Monday.

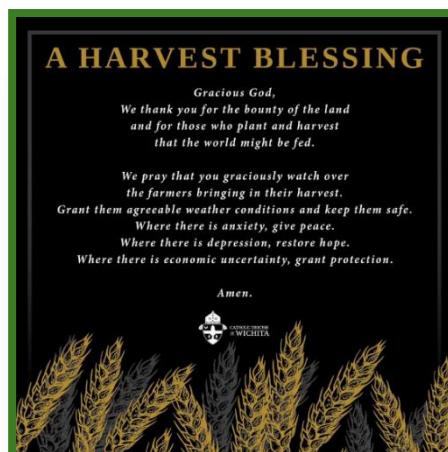
Take care
Miss Ingle

Bible verse of the week

Joshua 1:9

Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go.

School worship



Attendance winner of the week

Darwin Class are the attendance winners of the week and have won a trip to the park with Gerald during playtime one day next week.

All schools are expected to keep their attendance over 96%. At the end of our first week, our Year to Date attendance sits at 95.98%. If you need any help with attendance, please come and speak to us as we will help in any way that we can. Dr Chris Whitty released this statement via the DfE: *"It is usually appropriate for parents and carers to send their children to school with mild respiratory illnesses. This would include general cold symptoms: a minor cough, runny nose or sore throat. However, children should not be sent to school if they have a temperature of 38°C or above."*

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**

Celebrating this week in Collective Worship

W/E 10.10.25	Fantastic Award	Excellence Award
Dahl		
Nightingale	Finely M	Flo J
Darwin	Charlie	Dillan
Franklin	Tilly	Oscar L

Church News

Thirsty on a Thursday: The Church is open every Thursday between 9.30—11am for you to drop in any time for tea/coffee and a chat.

Dates for Your Diary

All calendar dates/events can be found on our school website by clicking on the link below which will take you to the 'calendar' tab. If you wish to add an event to your own calendar, you can do so by clicking on the event and pressing the 'add calendar' button.

[Events from October 6 – December 15 – St Bartholomew's](#)

Any Other Information/Reminders

PE/Swimming Timetable Term 1 2025/26:

Please note the change for Franklin Class.

	PE	Swimming
Dahl	Thursday	Tuesday
Nightingale	Tuesday	Wednesday
Darwin	Monday	Friday
Franklin	Tuesday	Thursday

Uniform

Our school uniform is being supplied directly by Sign Design Services Limited, Bourne Rd, Spalding, Lincolnshire PE11 3LL. They can be contacted on 01775 761274, via email (sales@mysigndesign.co.uk) or visit their warehouse to place your order. **Please be advised that we do have a limited number of clothing items remaining in stock. Therefore, we recommend that you contact the school office first before reaching out to Sign Design Services Limited.**

Our school colours are jade green and navy blue. Hair accessories should be green or blue and please can I ask that children refrain from having coloured braids during term time. Socks should be white, black, navy or grey. Please contact the PTFA if you are interested in any preloved uniform. KS2 children are required to provide a pencil case with the following equipment: equipment: pencil, purple biro, yellow highlighter, ruler, fine writer handwriting pen, rubber, glue stick, colouring pencils. Please remember to ask your child regularly if they require anything replenishing, especially glue sticks, which are frequently used items.

Health Care Plans

In order that we can provide the necessary care required to those children who have on-going health care needs, we require parents to complete a 'Health Care Plan' form via ParentMail. This document is used to detail the on-going health issues and, if applicable, the medication that each child requires. If you haven't done so already and your child has health care needs, please complete the form via ParentMail. Thank you to those parents who have already completed their child's Health Care Plan.

School Mobile Phone

The afterschool club can be reached on 07534725872 from 3.15pm-5pm. Outside of these hours, please contact the school office.

Afterschool Club

Please be aware that if parents/carers/guardians are more than 5 minutes late collecting their child at the end of the school day, your child will be taken to afterschool club and a charge will be made. If parents/carers/guardians are more than 5 minutes late collecting from free after school clubs that finish at 4pm, your child will be taken to afterschool club and a charge will be made.

Severe Weather/Snow Closure

In the event of severe weather, we will always strive to ensure that the school remains open, but in the event that extreme weather conditions necessitate the closure of the school we will advise you of this in a number of ways. We will notify parents via email via Parentmail, update the school website and advise Lincs FM and BBC Lincolnshire radio stations so listen out to their broadcasts or log onto their websites. We will also post a message on the school's Facebook page.

School Opening

Our school office is open from 8.30am to 3.15pm, Monday to Friday. If you wish to contact the school out of these hours, please call 01775 640357 and leave a message on our answerphone or alternatively email enquiries@stbartholomews.lincs.sch.uk.

HOW TO REPORT A FLOOD



IN THE EVENT OF A FLOODING EMERGENCY, YOU SHOULD FOCUS ON THE SAFETY OF YOURSELF AND YOUR FAMILY

IF YOU NEED TO EVACUATE

If there is an immediate risk to life, **call 999** and ask for the Fire Service

IF WATER HAS ENTERED YOUR HOME OR BUSINESS

If water has entered the living areas of your property and you cannot stay safely:

HOMEOWNERS

Contact your insurer directly

If you are not insured, contact your district council's housing team for assistance

PRIVATE RENTERS

Notify your landlord immediately

COUNCIL TENANTS

Contact your district council's housing team

or visit www.lincolnshireresilienceforum.org/risks/river-surface-groundwater-flooding

IF WATER IS LIKELY TO ENTER YOUR PROPERTY

If possible, obtain sandbags from a local supplier for faster support

If you cannot access sandbags, report your need on www.fixmystreet.lincolnshire.gov.uk

Alternatively call 01522 782082 (Please note that it is quicker to report online)

WE DO NOT HAVE A DUTY TO PROVIDE SANDBAGS BUT WILL MAKE EVERY EFFORT TO ASSIST



TO REPORT FLOODING

FLOODING AFFECTING THE HIGHWAY Report it on FixMyStreet
FLOODING TO PROPERTY OR LAND Let us know via FixMyStreet or call 01522 782082 (Note there may be delays during high demand)

STAY INFORMED

For the latest updates during a flooding incident

Follow **LINCOLNSHIRE LRF** on X, Facebook or online at www.lincolnshireresilienceforum.org/news

Listen to **BBC RADIO LINCOLNSHIRE** online, on DAB, or on **94.9FM / 104.7FM**

Sign up to Flood warnings at www.gov.uk/sign-up-for-flood-warnings and www.check-for-flooding.service.gov.uk/alerts-and-warnings/lincolnshire#warnings



If your home or business has experienced internal flooding to the living areas of your property, please complete our resident survey <https://www.lincolnshire.gov.uk/xfp/form/936> to provide us with valuable information to support investigations following the flooding event.



FOR BOOKING VISIT WWW.ELITESPORTSACADEMY.CO.UK

10 Top Tips for Parents and Educators

DEALING WITH TRAUMATIC & CHALLENGING EVENTS

Children and young people may face a wide range of traumatic or challenging events – from bereavement and illness to bullying, family breakdowns, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. With the right support from trusted adults, children can begin to feel safe, rebuild resilience, and develop healthy coping strategies. This guide offers practical and empathetic ways to provide support and promote positive outcomes.

1 A PREDICTABLE ENVIRONMENT

Children who have experienced trauma often feel unsafe or uncertain. Creating routines, setting clear expectations, and maintaining consistency can help restore a sense of security. This structure offers reassurance and helps children feel more in control of their surroundings.

2 USE LANGUAGE THAT MATCHES THEIR AGE

Speak clearly and sensitively, choosing words that are appropriate for the child's age. Avoid overwhelming them with too much information at once. Offer gentle, honest explanations and focus on reassurance, especially when talking about difficult or sensitive subjects.

3 TRAUMA AND THE BODY

Mention briefly that trauma can show up in physical ways, such as changes in sleep, appetite, concentration, or as physical aches and pains. Consider this before labelling behaviour as 'difficult' or 'lazy'. Some children may become withdrawn, while others may be more outwardly challenging. Highlight that there's no 'one way' children respond.

4 AVOID RETELLING OR RELIVING TRAUMA

Children sometimes get asked to explain or repeat their experience multiple times. Striking a balance of when to listen and when to gently redirect can help to avoid unnecessary re-traumatisation. Acknowledge, but don't probe for detail unless safeguarding procedures require it.

5 AVOID DISMISSING OR MINIMISING FEELINGS

Seemingly well-meaning comments like "It's not that bad" or "You're okay" may shut down children's emotional expression and are often not helpful. Instead, acknowledge what they're feeling, even if it seems small. Validating a child's emotions helps them feel seen and encourages open communication in future.

6 UNDERSTAND HOW THEY'RE FEELING

Many children don't have the words to express their emotions, especially during distress. Supporting them to name what they're feeling – such as angry, scared or sad – builds emotional literacy. Tools like emotion charts, drawing, or storytelling can help externalise feelings in a safe, manageable way.

7 BE AWARE OF YOUR OWN RESPONSES

Children pick up on adult emotions and reactions, often mirroring them. Staying calm, even in challenging situations, helps children feel more secure. Practising your own self-regulation is an important way to model healthy stress management and encourages children to do the same.

8 SEEK PROFESSIONAL SUPPORT

While many children benefit from everyday emotional support, some will need more specialised help. If symptoms persist, worsen, or disrupt their daily life, consult with school safeguarding leads, a GP, or a mental health professional. Early intervention can prevent long-term difficulties and support healthy recovery.

9 MAINTAIN CONNECTION

Isolation can worsen the impact of trauma. Encourage involvement in group activities, praise their efforts, and ensure they feel like a valued part of the school or family community. Meaningful connection with trusted adults and peers builds resilience and a sense of belonging.

10 BE PATIENT – HEALING TAKES TIME

There's no quick fix for emotional recovery. Children may have good days and setbacks, and progress may not always be visible or linear. Your ongoing support, patience, and presence can help them move forward at their own pace, knowing they are not alone.

Meet Our Expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school by integrating mental wellbeing within the curriculum, school culture, and systems. She has been a member of the advisory group for the Department for Education, advising them on their mental health green paper.



The National College®

What Parents & Educators Need to Know about EA SPORTS FC 26

AGE RESTRICTION
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WHAT ARE THE RISKS?

AN ANNUAL RELEASE SCHEDULE

As was the case with the last two EA Sports FC games and the FIFA series before it, the franchise rolls out once a year with updated squads and new features. This can make it expensive to keep up with, particularly when so many dedicated players are keen to get their hands on the latest edition.

VOICE CHAT

Voice chat can be enabled across all platforms, meaning young people can speak to anyone they play with or against. While it can be switched off, some children will no doubt want to speak to their friends while they play. This also means they may encounter strangers much older than them, which can expose them to inappropriate language or behaviours.

IN-GAME PURCHASES THROUGH ULTIMATE TEAM

Ultimate Team is the big draw for EA Sports FC, letting players spend real money on packs that they can open to build a squad of the world's best players. They're not always easy to obtain, and new, improved versions of players will be regularly added as limited-time offerings. Young people could feel pressured into spending money and experience fear of missing out.

SCAMMERS IN ULTIMATE TEAM

Ultimate Team is managed by EA itself, but that hasn't stopped scammers from looking to dupe players out of money and in-game coins. Some scammers sell their accounts, which is a violation of EA's terms of service, while others will 'sell' coins - something the developer is still working to crack down on. Some try to gain access to others' accounts, potentially giving them access to payment information.

POTENTIAL FOR ADDICTION

While EA Sports FC is potentially addictive, thanks to its fast-paced gameplay and mirroring of the real-world skill and glamour of football, Ultimate Team's focus on limited-time rewards and the lottery of winning packs can make it feel closer to gambling than gaming, which may lead to addiction and impulsive spending of money.

Advice for Parents & Educators

PREPARE FOR ANOTHER GAME IN A YEAR

The annual-release cadence aligns with the return of the school year, and can be a great way to incentivise good behaviour at the start of term. If children are applying themselves and preparing for a new year of school, or were particularly well behaved in the summer, EA Sports FC 26 could make a great reward.

LIMIT SPENDING

If you're worried about children accidentally spending real money in Ultimate Team, whether in game or on the EA Sports FC companion app, don't link a payment card to their account. Reclaiming funds can be a mountain to climb, and the dopamine hit of opening flashy packs with slick animations means one purchase can lead to another very quickly. It's also worth adding a prepaid card if you'd prefer them to make their own choices with their budget.

MONITOR VOICE CHAT

As in-game chat is open, be sure to adjust the settings in EA Sports FC 26 to lock it down. If children want to chat with their friends while they play, consider setting up a safe space for them to call, to allow them to play without fear of outsiders.

BE VIGILANT

As with last year, there are ways to keep scammers at bay. Ensure passwords are locked down, and consider using a password manager application to keep them secure. EA will never contact players through the game itself, so be vigilant with incoming messages, and block and report suspected spam. EA will contact players by email if needed, but they will never ask for usernames or passwords. Players should also avoid buying in-game currency from unofficial websites - doing so can lead to accounts being banned and could cost players money in the process.

Meet Our Expert

Lloyd Coombes is an experienced freelance writer and has been working in the gaming and tech industry for seven years. A regular visitor to the App Store to try out new tools, he's also a parent and therefore understands the importance of online safety. He's also a tech and fitness writer and has been published at sites including IGN, TechRadar, and plenty more.



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Source: See full reference list on guide page at: <https://nationalcollege.com/guides/ea-sports-fc-26>

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